

# *Opening Your Heart*

Leaders' Guide



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INTRODUCTION

- Leader NOTE We're looking at "Who Is Jesus?"; each day's theme helps us answer this question: Jesus the Answer, Jesus the Fulfillment, Jesus the Savior, Jesus the Lord. Then note the second paragraph.
- Leader READ Last sentence in the third paragraph, starting with "Was He more ..." and the six scripture references from the Gospels.
- Leader NOTE Last three sentences of CS Lewis quote, "Either this man ..."

DAY ONE JESUS THE ANSWER (note: skip Q3, but explain — see below)

- Leader SHARE Share that as you look through Day 1, we will use the commentary to look at John 14.
- Group SHARE Responses to Q1 (A, B, and C) quickly with easy, factual responses.
- PARTNER Share responses with woman next to her (this could be two or three ... Partner sharing allows for women who are not comfortable sharing in a large group to share with a smaller audience).
- Leader NOTE Question 3: Share that we will not share answers aloud, but provide reference to Day 4 "Quiet your heart" prompt applies to this idea, if they found completing the letter difficult.

DAY TWO JESUS THE FULFILLMENT

- Volunteer READ Read the paragraph at Q1.
- Leader NOTE Ask the group to label above the verses from Isaiah 53: \*\*\*WRITTEN 500 YEARS BEFORE CHRIST'S BIRTH\*\*\*
- Volunteer READ Q2: Ask for one volunteer to read the first Old Testament prophecy and share how it was fulfilled, ask another to do same with second set of scripture.
- Leader NOTE Last sentence in last paragraph in "Quiet your heart " ... Ask group to underline the words, "Don't expect..."

DAY THREE JESUS THE SAVIOR (note: skip Q3 & Q4) \*Explain how to use "Catechism Clips"

- Group SHARE Q1: (factual).
- PARTNER Q2: Third section "Why do you think we find it so easy ...". Ask group members to turn and share with woman next to her.
- Group SHARE Q2: Fourth section "What is the consequence of sin ..." (factual).
- Volunteer READ Paragraph at end of Q2.
- Leader NOTE "Quiet your heart" sentence beginning with "We are acknowledging that we aren't 'perfect, super saints".

DAY FOUR JESUS THE LORD

- Leader SHARE In Day 4 we looked at "Jesus the Lord."
- Leader ASK Q1 and Q2, we look at what Saint Paul (question 1) and Saint John (question 2) had to say about Jesus. Instead of going through every verse in Q1 and Q2, ask participants which verse stood out to from the viewpoint of Saint Paul (Q1) and then Saint John (Q2). For example, in Q1 you might say, "In question one we look at all that Saint Paul wrote about Jesus in his letter to the Colossians. In these six verses, what stood out to you the most?" Do the same for Q2 with three verses from the Gospel of John.
- Volunteer READ Second paragraph under the "Quiet your heart" which begins with "Submit your..."
- Leader NOTE Last paragraph in "Quiet your heart" ties back to Q3 in Day 1 ... This may be helpful to answer Q3 if the letter was difficult.

DAY FIVE SAINT STORY

- Leader NOTE Share pieces you enjoyed and ask group to share the same. As the year progresses, you may not have time to discuss the Saint Story every week, but it's nice at beginning of the year!

- CONCLUSION Ask a volunteer to read first paragraph starting with "Have you ever..." and last paragraph starting with "Who is Jesus..."

RESOLUTIONS & PRAYER REQUESTS

- Leader ASK Look at the resolutions to make into a prayer request or create a personal prayer request. Share that this is our time to commit to growing our personal relationship with Christ.

*After lesson: review self-assessment found in your WWP small group leader workbook.*

## INTRODUCTION

Volunteer READ Ask for a volunteer(s) to read the 2nd and 3rd paragraphs starting with "So why..." and "Jesus doesn't need anything...".  
 Leader READ Fifth paragraph, four points that follow, and paragraph "Because Jesus knows..."

### DAY ONE HE LOVES YOU (note: skip Q3)

Volunteer READ Q1: Psalm 139 verses 13 to 16 aloud.  
 Group SHARE Q2 (personal).  
 Volunteer READ CCC 220 (all of it aloud) for Q4.  
 Group SHARE Responses to Q4.  
 Volunteer READ "God proves ..." paragraph in "Quiet your heart"  
 Leader NOTE Last sentence in "Quiet your heart"

### DAY TWO HE WANTS YOU TO FULFILL YOUR PURPOSE IN LIFE

Volunteer READ First paragraph at Q1.  
 Leader ASK Q1: Ask members to share their answers for someone they know "of" and someone they know "personally." FOCUS on "what aspects allow the friendship to grow deeper."  
 Leader ASK Look at Q2 verses as a whole asking group to share ways the verses point us to know Jesus better.  
 PARTNER Ask members to turn to a partner and share their responses to Q3 (personal).  
 Volunteer READ "Quiet your heart" last paragraph starting with "Every single..."

### DAY THREE HE KNOWS YOU WERE MADE FOR MORE

Volunteer READ First two paragraphs at introduction to Day 3, beginning with "Jesus knows..." and "But let's..."  
 Volunteer READ Paragraph above Q1A, starting with "The only way..."  
 Group SHARE Q1A & Q1B (factual) quickly.  
 Volunteer READ Paragraph at Q2.  
 Group SHARE Q2: Thoughts on how friendship is described in Luke 9:23.  
 Leader NOTE Have group circle words "Christmas card friends" and discuss.  
 Volunteer READ Paragraph above Q3, which starts with "When you are friends with Jesus..."  
 Leader READ Q3 aloud. Share that we will not share these with the group, but to consider them.  
 Volunteer READ Last two paragraphs from "Quiet your heart" aloud, starting with "The same could be said..." and "Are you tired..."

### DAY FOUR HE WANTS TO SPEND ETERNITY WITH YOU (note: skip Q3)

Volunteer READ First two paragraphs in the introduction to Day 4, starting with "Have you ever..." and "This is one of the things..."  
 Group SHARE Q1 and Q2 (factual) ... move quickly.  
 Volunteer READ Q2 quote from Ralph Martin aloud, starting with "Christianity is not a game..."  
 Volunteer READ NOTE ... This is the MEAT OF THE LESSON! Read the last three paragraphs of "Quiet your heart", starting with "God is patient...", "...no eye has seen..." and "If you aren't ready..."  
 Leader NOTE Circle word "eternity" in first paragraph!

### DAY FIVE SAINT STORY

Leader NOTE Share pieces you enjoyed and ask group to share the same. As the year progresses, you may not have time to discuss the Saint Story every week, but it's nice at beginning of the year and women enjoy discussing the saints' stories.

CONCLUSION Ask for a volunteer to read the last two paragraphs starting with "If we could only..."  
 \*OPTION FOR CLOSING PRAYER: use the last paragraph "This is my prayer for you..." as a closing prayer for the day.

## RESOLUTIONS & PRAYER REQUESTS

Leader ASK Look at the resolutions to make into a prayer request or create a personal prayer request. Share that this is our time to commit to growing our personal relationship with Christ.



INTRODUCTION

Leader NOTE Encourage group to underline words in last 2 sentences of paragraph 4, "It isn't..." and "We can come messy..."  
Volunteer READ Ask a volunteer to read last paragraph, starting with "While it's time..."

DAY ONE DIFFICULTY NO. 1: "I AM TOO BUSY TO PRAY"

Leader READ Third paragraph, "If we want to be transformed..."  
Group SHARE Responses to Q1.  
PARTNER Q2 (personal).  
Group SHARE Responses to Q3 (factual).  
\*PRAYER Day 1 "Quiet your heart ..." prayer at end would be a beautiful closing prayer for group to read aloud.

DAY TWO DIFFICULTY NO. 2: "I WANT TO BE SELF-SUFFICIENT" (note: skip Q3)

Volunteer READ Narrative before Q1 (second paragraph under Day 2 title) ... "This desire to be..."  
Group SHARE Responses to Q1A (circle word "self-sufficiency" in question, Q1B and Q2 (all factual) review somewhat quickly.  
SKIP Q3 (do encourage women to consider this and discuss if anyone would like to share).  
Leader NOTE Ask group to underline last sentence in second paragraph of "Quiet your heart ..." starting with "He knows better than we do...". Continue to read through end of section.

DAY THREE DIFFICULTY NO. 3: "I'VE GIVEN UP HOPE" (note: skip Q2)

Leader READ Second paragraph in introduction, starting with "When this has been..."  
Volunteer READ Paragraph at Q1, starting with "I realize that when..."  
Leader NOTE Encourage group to circle/underline words in paragraph at Q1: "lack of gratitude" and last sentence "But what has He given? Read the following verses..."  
Group SHARE Responses to each scripture in Q1 (factual).  
Volunteer READ Last paragraph under Q1 "In a season of my life ..."  
Leader NOTE Last paragraph under Q1, encourage group to underline last sentence "I knew something was wrong..."  
Leader READ First three sentences of Q2. Encourage group to circle/underline "cultivated"  
SKIP Q2 ... Share responses will not be shared (unless some would like), but do note to ask God to help us grow in GRATITUDE!  
Volunteer READ First paragraph of "Quiet your heart ...". Once again, note the words "grow in gratitude" and asking God for his help here.

DAY FOUR PRAY BOLDLY. SURRENDER COMPLETELY.

Group SHARE Responses to Q1 (leader note keywords: "hesitant," "doubt-filled," "tame prayers"  
Leader NOTE Last two sentences in paragraph under Q1 beginning with "The question is not..."  
Group SHARE Q2 and Q3 (factual) ... move quickly.  
Volunteer READ Second paragraph in "Quiet your heart ..." beginning with " There is a rock..."

DAY FIVE SAINT STORY

Leader NOTE Share pieces you enjoyed and ask group to share the same.  
As year progresses, you may not have time to discuss Saint Story every week, but it's nice at beginning of year and women enjoy reading these stories on their own throughout the study!

CONCLUSION Ask for a volunteer to read first three paragraphs of conclusion beginning with "Whoever remains in me," "There is such a difference," and "I see the difference."

RESOLUTIONS & PRAYER REQUESTS

Leader ASK Look at the resolutions to make into a prayer request or create a personal prayer request. Share that this is our time to commit to growing our personal relationship with Christ.  
REMINDER \*\*\*NOTE OPTION FOR CLOSING PRAYER FROM DAY 1\*\*\*



INTRODUCTION

- Leader NOTE First sentence in second paragraph of introduction, "I remember well..."  
Last sentence of third paragraph, "When I opened my heart..."  
Both sentences of final paragraph, "Perhaps God..." through the end of the paragraph.
- Volunteer READ Ask group to turn to "conclusion" at end of week, ask volunteer to read the list of five "I can't" statements ... Share how the Holy Spirit can come into our limitations (the things we cannot do), but the Holy Spirit CAN do for us.

DAY ONE GOD'S PERSONAL BREATH

- Volunteer READ First paragraph, "Before we delve into ..."
- Leader ASK Q1 and 2 (both factual, move somewhat quickly).
- Leader NOTE Under Q2, have group circle words: "a mighty wind" and underline definition of Holy Spirit in paragraph.
- Leader NOTE Under Q3, first sentence in second paragraph, "As the Holy Spirit ..." Also note last two sentences, "The Holy Spirit..." and "The average..."
- Volunteer READ At end of Q3, Ezekiel 36:26-27 verse.
- Leader NOTE \*\*\*HAVE GROUP TURN TO Appendix 3: Conversion of Heart in back of book.\*\*\* Encourage group to underline very LAST PARAGRAPH ABOUT CONVERSION!
- Volunteer READ Last two paragraphs of "Quiet your heart", "Through His grace..." and "Do you know..."

DAY TWO THE HUMBLE UNVEILING

- Leader READ First sentence in first paragraph, "God had promised..." and last two sentences, "During that perfect time..." and "The stirring ..."
- Leader ASK Q1 (factual) ... Ask group to look at the verses as a whole and share points regarding Holy Spirit's activity.
- PARTNER Q2 and Q3 (both factual) ... Turn to a partner and share answers to both questions.
- Leader NOTE Last piece of Q3, "Which character trait...?" (HUMILITY).
- Volunteer READ First AND second paragraphs at beginning of Q4.
- Group SHARE Thoughts to questions in last paragraph of question 4 (above "Quiet your heart") "Humility doesn't come ..."
- Leader NOTE Ask group to underline second paragraph in "Quiet your heart" starting with "If we do invite ..."

DAY THREE CLOTHED WITH POWER (note: if running low on time, skim Q1, Q2 and Q3)

- Leader SKIM Q1, Q2, Q3 can be summarized if needed due to time.
- Volunteer READ Paragraph under Q3.
- PARTNER Share answers to Q4 with partner.
- Volunteer READ Last paragraph under "Quiet your heart ..." starting with "God urges you..."

DAY FOUR WHAT DIFFERENCE DOES HE MAKE IN OUR LIVES?

- VERSE LOOK Q1, ask four women to look up one of four the verses (in question 1), read aloud.
- Volunteer READ First paragraph in "Quiet your heart" beginning with "The Holy Spirit is willing..."

DAY FIVE SAINT STORY on Saint Elizabeth Ann Bayley Seton; note third paragraph, "It is in those dark days..."

CONCLUSION

- Leader NOTE Verse at top of page.
- Leader NOTE Remind group of "I CAN'T" statements.
- Volunteer READ Sentence after list of "I can't" statement, "The Holy Spirit comes..." and next paragraph beginning "I know you can't ..."
- Volunteer READ ALL questions at end of conclusion beginning with "Is there a place..." through the end.

RESOLUTIONS & PRAYER REQUESTS

- Leader ASK Look at the resolutions to make into a prayer request or create a personal prayer request. Share that this is our time to commit to growing our personal relationship with Christ.



INTRODUCTION

- Leader NOTE Share that this week we will be looking at reasons to read the Bible.
- Leader READ Quote by Mark Hart in second to last paragraph of introduction.
- Volunteer READ Last paragraph, starting with "How can we ..." and last paragraph "How can we ignore..."
- Leader NOTE Encourage women to circle phrases from last paragraph, such as "to really know Christ", "move beyond religion..."

DAY ONE IT'S WORTH TRUSTING BECAUSE IT'S TRUSTWORTHY (note: skim Q1)

- Volunteer READ First paragraph "For a lot of us..."
- Leader ASK Q2 (factual) using the chart.
- Leader ASK Q3 (factual) ... Note: questions for question 3 are at very end, right before Q4.
- Leader ASK Q4 (factual).
- Leader NOTE Last sentence above prayer in "Quiet your heart" starting with "As you read the Bible..."
- Volunteer READ Prayer at end of "Quiet your heart", or use this as a closing prayer for your group.

DAY TWO IT'S WORTH READING BECAUSE IT'S THE KEY TO SPIRITUAL MATURITY (note: skim Q1)

- Leader ASK Q1, Q2A (factual) and Q2B (personal)
- Volunteer READ Paragraph at Q3.
- Leader ASK Question at end of paragraph for Q3.
- Group SHARE Thoughts on Q3.
- Leader NOTE Ask group to underline third and fourth paragraphs in "Quiet your heart ..." starting with "If we're going to mature ..." and "Be assured..."

DAY THREE IT'S WORTH READING BECAUSE IT GIVES DAILY GUIDANCE

- Volunteer READ Quote from Father John Bartunek above Q1.
- Group SHARE Responses to Q1, Q2, Q3, and Q4 (all factual).
- Leader NOTE In "Quiet your heart ..." ask women to circle the words "a choice" at end of first paragraph and discuss meaning.
- Volunteer READ Prayer at end of "Quiet your heart..." starting with "Dear Lord, It's just embarrassing..."

DAY FOUR IT'S MOST EFFECTIVE WHEN IT'S HIDDEN IN OUR HEARTS?

- Leader ASK Looking at the six options for scripture memory, which are you willing to try; do you have any other techniques that work?
- Volunteer READ Prayer in "Quiet your heart ..." beginning with "Dear Lord, Please renew my thinking..."

DAY FIVE SAINT STORY

- Group SHARE Impactful parts of "Saint Irene Keeps the Faith" and discuss question at end.

CONCLUSION

- Volunteer READ First paragraph beginning with "I doubt any of us..."
- Volunteer READ Third paragraph beginning with "One thing we know..."
- Leader NOTE Ask women to circle word "comfort" in last paragraph of conclusion and discuss.
- Leader NOTE The last sentence of conclusion, "What a gift." Share that the Word of God to be received with gratitude and humility.

RESOLUTIONS & PRAYER REQUESTS

- Leader ASK Look at the resolutions to make into a prayer request or create a personal prayer request. Share that this is our time to commit to growing our personal relationship with Christ.



## INTRODUCTION

- Leader NOTE Share that this week we will be looking at grace and the difference it makes in our lives.
- Group SHARE Review definitions of "grace" in fourth and fifth paragraphs of introduction. Circle important words and phrases. Example: "grace is favor," "free," "undeserved help," "God gives to respond...," "infinite love," "mercy," "favor," "goodwill."
- Volunteer READ Last few sentences that begin in the middle of fifth paragraph, starting with "He doesn't just come ..."

## DAY ONE THE FIRST WORK OF GRACE

- Group SHARE Responses to Q1 (factual).
- Volunteer READ Paragraph following Q1, "God is always after your heart..."
- Group SHARE Responses to Q2, Q3 and Q4 (all factual). Note for Q3: Break it into two sections and answer both separately.
- Volunteer READ "Quiet your heart" ... "He wants to give you ..." through next paragraph beginning with "I don't know about you..."
- Leader NOTE Prayer at end of "Quiet your heart", encourage women to underline last sentence "Help me to remember ... God gives..." Discuss words "empty hands." Another good time to point participants to Appendix 3 "Conversion of Heart."

## DAY TWO THE EXTRAVAGANCE OF GRACE

- Group SHARE Responses to Q1 and Q2 (factual). In Q2, circle word "cost" to note Jesus' sacrifice for us.
- Leader NOTE Paragraph after Q2. Underline words starting with "He didn't do ..." through the end.
- Group SHARE Responses to Q3 (factual). Encourage women to circle words "abilities," "achievements," and "worth." Circling words reminds us to discuss thoughts that may not have come to mind while completing study independently.
- PARTNER Turn to a partner and share responses to question 4 (personal).
- Leader NOTE Encourage women to underline words in the last paragraph of "Quiet your heart" starting with "Spend some time talking to God..." and "Ask Him to help you let go of expectations ..." through end of paragraph.

## DAY THREE THE RISK OF GRACE

- Volunteer READ Verse from Romans and two paragraphs that follow above Q1.
- VERSE LOOK Ask a volunteer to look up and read aloud scripture from Q1 and Q2 (factual).  
Note: answer both questions in Q2 separately.
- Leader NOTE Discuss sections in second paragraph under Q2. Note "silenced," "Can you see all the things I've done? I've earned your love, God!", and "Living under the law..."
- Group SHARE Responses to Q3 (factual). Encourage women to circle "new" and consider Beatitudes.
- Leader NOTE Paragraph under Q3, circle and discuss the words "if we ask Him".
- Group SHARE Responses to Q4 (personal).
- Leader NOTE "Quiet your heart" starting with last sentence in second paragraph "Why would we want to sin?" and last paragraph.

## DAY FOUR THE SUFFICIENCY OF GRACE

- Group SHARE Responses to Q1 and Q2 (factual). Note in Q2 that sacraments are our "toolbox."
- Volunteer READ Second paragraph under Q2.
- Group SHARE Thoughts on Q3 (could be personal).
- \*NOTE\* The prayer at end of "Quiet your heart" would make a nice closing prayer for group.

## DAY FIVE SAINT STORY ... Discuss if time allows, lesson conclusion is worth noting (see next)!

- CONCLUSION Volunteer READ Sixth and seventh paragraphs beginning with "I knelt..." and "The progress."

## RESOLUTIONS & PRAYER REQUESTS

- Leader ASK Look at the resolutions to make into a prayer request or create a personal prayer request. Share that this is our time to commit to growing our personal relationship with Christ.



## INTRODUCTION

Leader NOTE Share that this week we will look at Christ's forgiveness in the Gospel of Luke as well as the parable of the prodigal son.  
Leader READ First paragraph of introduction, then fourth paragraph.  
Volunteer READ Last paragraph of introduction.

## DAY ONE SETTING THE STAGE (NOTE: skip Q1 and Q2)

Volunteer READ From her Bible, Luke 15:1-10, encourage everyone to follow along in their Bibles.  
Volunteer READ Paragraph below Q2, beginning with "To sit down..."  
Group SHARE Responses to Q3 and Q4 (factual).  
Volunteer READ Last two paragraphs of "Quiet Your Heart."  
Leader NOTE Encourage women to circle key phrases: "Pharisees on our faith journey," "All of us are equal," "awareness," "our need for forgiveness," "remove any blindness..."

## DAY TWO THE YOUNGER SON

Volunteer READ Luke 15:11-32.  
Leader ASK Q1, Q2 and Q3 (factual) and question 4 (personal).  
\*NOTE: many of the actual questions are embedded in paragraphs, be sure to underline the question.  
Leader NOTE "Quiet your heart" starting with "Can you picture..." through end. Circle piece about God being a GENTLEMAN!!

## DAY THREE THE OLDER SON

Volunteer READ First two paragraphs above Q1.  
Volunteer READ Luke 15:23-32  
Leader ASK Q1, Q2 and Q3 (factual)  
Leader NOTE Paragraph under Q3, circle and discuss the words: "rebellion" and "pride."  
Leader NOTE "Quiet your heart" starting with "Jesus is pleading (middle of first paragraph) through end.  
PARTNER Share responses to questions in last paragraph, "How can you tell..."

## DAY FOUR SHEER GRATUITOUS LOVE

Group SHARE Responses to Q1 and Q2 (factual).  
Volunteer READ Paragraph at Q3 ... Under paragraph, review first four questions aloud. Stop at last question to discuss.  
Volunteer READ Paragraph in "Quiet your heart."

DAY FIVE SAINT STORY on Saint Thérèse of Lisieux ... Leader NOTE: Fourth paragraph and last few sentences of fifth paragraph.

CONCLUSION Leader NOTE: First, third and fourth paragraphs.

## RESOLUTIONS & PRAYER REQUESTS

Leader ASK Look at resolutions to make into a prayer request or create a personal prayer request. Share that this is our time to commit to growing our personal relationship with Christ.

NOTES FOR NEXT SESSION: The next session is a Connect Coffee Talk, Lesson 10: Your Heart - You Are Captivating.

As you prepare for the Connect Coffee, please consider:

- Connect Coffees are excellent opportunities for participants to invite a guest to try out Walking with Purpose.
- Promote your event! Go to the Leadership Tools section on Walking with Purpose's website to customize a Connect Coffee invite.
- Summary of Lesson 10 Connect Coffee Talk: In this world of noise and busyness, it is hard for women to find the time to give ourselves a little attention. He is captivated by each one of us - not because of what we do or what others think of us but simply because we are His precious daughters.

*After lesson: review self-assessment found in your WWP small group leader workbook.*



INTRODUCTION

Leader Share that this week we will be discussing the sacrament of penance.

Leader NOTE Comparisons between the two types of fathers in first and second paragraphs.  
 Note last two sentences in third paragraph, "We usually think..."  
 Note quote from Jean Vanier in second to last paragraph, "Somewhere..." (this is a good reference from last lesson on being too legalistic and not Christ-focused).

DAY ONE OUR TRUEST FRIEND'S PROMISE

Leader ASK Group to look at Appendix 4 and ask what stood out from these "Confession Promises."

Group SHARE Responses to Q2 (personal).

Group SHARE Q3 ... Ask group to share their versions on any of the three verses.

Leader NOTE "Quiet Your Heart" notes Hebrews 10:23 and the question that follows, "What word does He speak over our mistakes and regrets and failures? Mercy."

DAY TWO OUR TRUEST FRIEND KNOWS WHAT'S BEST FOR US

Group SHARE Responses to Q1 (factual), Q2 (personal), Q3 (factual), and Q4 (personal).

Leader NOTE Fourth paragraph of "Quiet your heart" starting with "What we need..."  
 Note Father Paul Farren quote and connection between self-focus and lack of seeking healing through confession.

DAY THREE OUR TRUEST FRIEND WANTS AN INTIMATE RELATIONSHIP WITH US

Group SHARE Responses to Q1 and Q2 (both factual).

Leader NOTE Last sentences of paragraph above Q3, "It's okay. Come out of hiding. You're safe here with me".

Group SHARE Responses to Q3 (personal).

Leader NOTE "Quiet your heart" paragraphs one and two.

DAY FOUR OUR TRUEST FRIEND WANTS US TO LIVE IN FREEDOM

Volunteer READ Verse referenced in Q1 (John 8:34).

Group SHARE Responses to Q1 (personal).

Leader NOTE Last three sentences in paragraph below Q1 beginning with "We harbor..." through the end.

Group SHARE Responses to Q2. Make sure to focus on the "more" in the sacrament of penance.

Leader NOTE Paragraph below Q2 beginning with "Ladies, this is it..." and next paragraph above Q3 beginning with "Through confession..."

Group SHARE Q3 (factual).

DAY FIVE SAINT STORY on Saint Faustina ... Leader NOTE: Highlight points on mercy, grace, forgiveness. Discuss

CONCLUSION

Leader NOTE Paragraph beginning "A critical truth: nothing we can do can make Him love us any more or any less."

RESOLUTIONS & PRAYER REQUESTS

Leader ASK Look at the resolutions to make into a prayer request or create a personal prayer request. Share that this is our time to commit to growing our personal relationship with Christ.



INTRODUCTION

Leader Share that this week we will be discussing the Sacrament of the Eucharist.  
Leader READ Paragraph toward end of introduction, which begins with "Hebrews 11:1..."  
Leader NOTE Last paragraph of introduction.

DAY ONE THIS ISN'T SOME NEW IDEA

Group SHARE Responses to Q1 and Q2 (both factual) somewhat quickly.  
Volunteer READ First and second paragraphs at Q3 beginning with "The eating of the Passover lamb" and "The Mosaic and..."  
Group SHARE Responses to Q3.  
Volunteer READ Ask volunteer to read paragraph under Q3 beginning with "The only way the Jewish people..."  
Leader NOTE Last paragraph of "Quiet your heart" beginning with "Jesus, our rescuer..."

DAY TWO HE MEANT WHAT HE SAID

Leader NOTE First sentence of first paragraph beginning with "Our reading for today..."  
Group SHARE Answers to Q1, Q2 Q3 (all factual) somewhat quickly.  
\*Leaders, please note: Q1 and Q2 both have two questions, be sure to pull out information from both.  
Leader NOTE Paragraph under Q3 regarding two Greek words. Ask women in group to underline meaning of words.  
Group SHARE Responses to Q4 (factual).  
Leader NOTE Points in paragraph under Q4 beginning at fourth sentence, "His love for ..."  
Leader NOTE Encourage group to listen to the song "Adoration" as mentioned in "Quiet your heart..."

DAY THREE JUST KEEPING THE FAITH (NOTE: skip Q2 and Q3)

Volunteer READ First paragraph (halfway through) beginning with "For all that people..." through end of paragraph.  
Volunteer READ Sentences in next paragraph (Peter Kreeft commentary) beginning with "The Eucharist was never omitted..."  
Group SHARE Turn to CCC 1345 to review responses to Q1 (factual).  
SKIP Ask if anyone has any thoughts on Q2 and Q3, and point out their importance, but move group forward.  
Leader NOTE "Quiet your heart..." verse from Revelation 3:20.

DAY FOUR THE KEY TO SAINTHOOD: A FIRE HOSE OF GRACE

Volunteer READ Ask three volunteers to read the three paragraphs at the beginning of Day 4.  
Group SHARE Responses to Q1 and Q2.  
Volunteer READ Ask a volunteer to read the last two paragraphs in "Quiet your heart..."

DAY FIVE SAINT STORY on St. Clare ... Discuss if time allows.

CONCLUSION Point out the "faith points" at the end of conclusion.

RESOLUTIONS & PRAYER REQUESTS

Leader ASK Look at the resolutions to make into a prayer request or create a personal prayer request.  
Share that this is our time to commit to growing our personal relationship with Christ.

LEADERS, PLEASE NOTE: In two sessions you'll have a Connect Coffee talk, Lesson 14: Marriage—Transformed by Grace.

As you prepare for the Connect Coffee, please consider:

- Promote your event by utilizing the Connect Coffee invitations found on the Tools page of the WWP leadership platform and
- Summary of Lesson 14 Connect Coffee Talk: Marriage - Transformed By Grace: Please be aware that the topic of marriage can be a source of deep pain and disappointment for some women. You may have women in your group who have prayed for a vocation to married life and are still single, women who are divorced or widowed, or women who are struggling in their marriages. The truths of Scripture that are covered in this talk can be applied to all of our relationships, not just the relationship between a husband and wife. This talk also provides an opportunity to remind women that when we have disappointments and pain in our relationships, we can bring those to Christ with confidence that He hears us and that He loves us with a perfect love.



INTRODUCTION

Leader SHARE Today we will be discussing ways to conquer our fears.

Leader NOTE First sentence of last paragraph in introduction, "Jesus desires ..."

Group SHARE Examples of times when they have felt paralyzing fear.

DAY ONE AFRAID OF THE STORM

Leader NOTE Sentence in first paragraph beginning with "Fear lets us know ..."

Group SHARE Answers to Q1 and Q2 (factual). Note connection between Q2 verse and "Quiet your heart" scripture reference.

Leader NOTE Last sentence in last paragraph under Q2 "If we replace..."

PARTNER Discuss thoughts on Q3 in pairs.

Leader NOTE "Quiet your heart" middle line "When panic hits..."

DAY TWO AFRAID OF WALKING ALONE AT NIGHT ... PICK A VERSE DAY!!! (index cards needed)

Group SHARE Answers to Q1, Q2 and Q3 (all factual).

Group ACTIVITY Q4 ... Pick any verse from Day 2 and personalize on index card.

\*Follow instructions in "Quiet your heart" on backside of index card.

Leader NOTE Second paragraph of "Quiet your heart" beginning with "The deepest soul work ..."

DAY THREE AFRAID OF REJECTION

Group SHARE Responses to Q1, Q2 (factual) and Q3 (personal).

Leader NOTE "Quiet your heart" last sentences in middle paragraph "For they preferred..."

DAY FOUR AFRAID TO LEAN IN TO JOY ... (NOTE: skip Q2)

Leader NOTE Great quote at start of Day Four.

Group SHARE Responses to all verses in Q1 (factual).

Leader NOTE Dr. Brene Brown quote in fourth paragraph under Q1 beginning with "We're afraid to..." and "He wants us to learn ..."

Leader NOTE Sentences in first paragraph at Q3 "So we climb down..." and "The eternal God..."

Leader NOTE Q3 reference to Deuteronomy 33:27 and God's promises in quotes that follow.

Leader NOTE "Quiet your heart" points such as "God will catch you...", "He will catch you in His everlasting arms...", "Come under His wings...", "Rest in these promises," "Don't miss your life."

DAY FIVE SAINT STORY on several saints ... Note first paragraph "Almost always our fears ..." and "Jesus put it concisely..."

CONCLUSION

Leader NOTE Review three suggestions for conquering fears, and share scripture handout.

PROVIDE TIME Give women time to write the prayer for God's help at end of conclusion.

RESOLUTIONS & PRAYER REQUESTS

Leader ASK Look at the resolutions to make into a prayer request or create a personal prayer request. Share that this is our time to commit to growing our personal relationship with Christ.

CONNECT COFFEE NEXT SESSION: Lesson 14: Marriage—Transformed by Grace.

As you prepare for the Connect Coffee, please consider:

- Although the title of the talk is Marriage, the topic of grace in relationships is universal and message will be relevant to all of us, no matter our vocation.
- Summary of Lesson 14 Connect Coffee Talk: While some things are the way we hoped, there may be areas of disappointment or sources of deep dissatisfaction and pain. Where should we turn with unmet expectations in relationships? We turn to Christ. Nothing is hidden from His sight. God has our best interests at heart, be ready to be transformed by His grace.
- Promote your event! Challenge your participants to ask the Holy Spirit to show them one woman who would be blessed by WWP, and then extend an invitation!



INTRODUCTION

Leader SHARE Today we will discuss the role of suffering in our lives.  
Leader NOTE Last paragraph of introduction, "When we encounter ..." Leader might add ... "Suffering is inevitable, but we can find peace during suffering if we look at what some of the things that rob us of peace: our expectations.

DAY ONE EXPECTATION 1: WE EXPECT TO UNDERSTAND GOD

Volunteer READ First paragraph.  
Group SHARE Responses to Q1 and Q2 (factual).  
Leader NOTE Bold sentences in commentary under Q3, discuss Q3.  
Group SHARE Responses to Q4 (factual).  
Leader NOTE Last two sentences in paragraph under Q4 and impactful points from "Quiet your heart" (God's names, Micah 5). To counter the expectation, we have to rely on His character, to trust Him and not expect to understand.

DAY TWO EXPECTATION 2: WE EXPECT GOD'S DEFINITION OF HAPPINESS TO BE THE SAME AS OURS

Leader NOTE First and last sentences of first paragraph.  
Group SHARE Responses to Q1 (factual).  
Leader NOTE Sentences in paragraph at Q2 beginning with "He knows ..."  
Encourage group members to consider struggles and to write them down.  
Leader NOTE Last sentence at end of Q2 beginning with "The world says..."  
Group SHARE Responses to Q3.  
IDEA Consider playing (at end of session) or sharing the lyrics to Audrey Assad's song "Good To Me" at end of Q3.  
Leader NOTE "Quiet your heart..." paragraph two "True happiness ..."

DAY THREE EXPECTATION 3: WE EXPECT GOD'S LOVE TO ALWAYS FEEL GOOD (notecards needed for activity)

Leader READ Paragraph above Q1 "What happens when..." and review responses to Q1.  
Group SHARE What phrases resonated from C.S. Lewis commentary and discuss why our loving God would allow suffering in our lives.  
ACTIVITY Provide notecard for group members to personalize Proverbs 3:11-12 in "Quiet your heart..."

DAY FOUR EXPECTATION 4: WE EXPECT TO SEE CLEAR EVIDENCE OF GOD WHEN WE NEED HIM

Volunteer READ Opening paragraph "The rug is pulled ..."  
Group SHARE Thoughts from Q1.  
Volunteer READ Paragraph below Q2 "You are not alone..." and bold paragraph.  
Leader NOTE Sentence below bold paragraph noting permission to wrestle.  
Group SHARE For Q3, rather than going through each verse, ask group to share verses that were meaningful regarding doubts.  
Leader NOTE Last paragraph of "Quiet your heart..."

DAY FIVE SAINT STORY on Saint Rita ... Discuss as time allows.

CONCLUSION

Leader NOTE Five truths, paragraph under five truths beginning "That purpose is..." and last paragraph "Let's fix our eyes on eternity..."

RESOLUTIONS & PRAYER REQUESTS

Leader ASK Look at the resolutions to make into a prayer request or create a personal prayer request.  
Share that this is our time to commit to growing our personal relationship with Christ.

*After lesson: review self-assessment found in your WWP small group leader workbook.*

## INTRODUCTION

Leader NOTE Points in third, fourth, sixth and last paragraphs.  
Leader ASK Look at reference to Father Gaitley's book *33 Days to Morning Glory*, and discuss Marian Consecration.

## DAY ONE MARY: FULL OF GRACE

Volunteer READ First paragraph.  
Group SHARE Responses to Q1, Q2, Q3 (all factual).  
Volunteer READ Paragraph at Q4 beginning with "In the midst ..." through the end of paragraph.  
PARTNER Turn and share thoughts on Q4.  
Leader NOTE "Quiet your heart" last paragraph beginning with "Mary, I want..."

## DAY TWO MARY: PILLAR OF FAITH

Volunteer READ Two italicized sentences (Hebrews and St. Augustine) at beginning of Day 2.  
Group SHARE Responses to Q1, Q2, Q3 (all factual).  
Volunteer READ Commentary from Edward Sri in Q4 beginning with "At this crucial ..."  
Volunteer READ Last half of last paragraph in Q4 beginning with "In what area of your life ..."  
\*LEADERS NOTE: It is not necessary to share responses with the group but encourage women to consider areas to increase their faith and ask our Blessed Mother to intercede for us.  
Volunteer READ Last paragraph of "Quiet your heart" beginning with "What has the Lord spoken to you? ..."

## DAY THREE MARY: OUR LADY OF SORROWS

Group SHARE Responses to Q1, Q2, Q3 (all factual).  
Volunteer READ Paragraph at Q4 "Mary's soul ..." and discuss responses to Q4 (personal).  
Group READ Pray together the prayer in "Quiet your heart" called "Prayer to Our Lady of Lourdes" through all of "have pity" lines to end.

## DAY FOUR MARY: MOTHER OF MERCY

Volunteer READ Introductory paragraph from Pope John Paul II beginning with "No one has experienced ..."  
Group SHARE NOTE: PICK ONE VERSE ... Ask group to look at the four scripture references in Q1 and consider which verse is the most personally meaningful after further reflection. Give them a moment to review four verses.  
Leader ASK Last question in Q1, ask: "How can these verses can be summarized?"  
\*Group LOOK Q2 ... Ask group to turn to CCC 725 and circle the HOW, WHAT and WHO from Q2 in the Catechism Clip.  
Group SHARE Responses to Q3 (factual).

## DAY FIVE SAINT STORY on Saint Bernadette, review details.

CONCLUSION Leader read last paragraph of conclusion aloud.

## RESOLUTIONS &amp; PRAYER REQUESTS

Leader ASK Look at the resolutions to make into a prayer request or create a personal prayer request.  
Share that this is our time to commit to growing our personal relationship with Christ.

LEADERS, PLEASE NOTE: In two sessions you'll have a Connect Coffee talk, Lesson 18: Reaching Your Child's Heart.

As you prepare for the Connect Coffee, please consider:

- Connect Coffees are excellent opportunities for participants to invite a guest to try out Walking with Purpose. Encourage them to bring a friend and share that we all have children in our lives with whom we can share the beautiful messages from the talk.
- Promote your event! Go to the Leadership Tools section on Walking with Purpose's website to customize a Connect Coffee invite.
- Consider sharing this wonderful article on [Spiritual Motherhood](#), written by Alice von Hildebrand, with your participants prior to the Connect Coffee. Encourage them to extend a personal invitation to a friend or two!



## INTRODUCTION

Leader NOTE Note paragraphs (toward end of introduction) that begin with “When we feel stuck...” and “This means the Holy Spirit...”

## DAY ONE ADMIT THAT THERE IS A PROBLEM

Volunteer READ Paragraph above Q1.

Leader NOTE Q1 is personal reflection, answers will not be shared, but encourage women to take time to consider.

Group SHARE Responses to Q2A and Q2B (both factual).

Leader NOTE In paragraph beginning “We talk a lot about...” make sure to note sentences “He paid the price...” and “But the...”

Group SHARE Responses to Q3 (factual).

Leader NOTE In sentence under Q3, ask group to circle the words “power of grace” as it relates to answer for Q3.

Volunteer READ Sentence from middle paragraph in “Quiet your heart” which begins “I believe it is easier...”

## DAY TWO ASK FOR GOD’S HELP

Volunteer READ Second paragraph which begins with “There’s a big difference...”

\*VERSE READ\* Ask a volunteer read 2 Corinthians 10:3-5 aloud, noted above Q1.

Group SHARE Responses to Q1 and Q2 (both factual).

Volunteer READ Paragraph at Q3, beginning with “In the original Greek...” and the next “Do you recognize...”

Leader ASK Q3, “Where is your safe place?”

Leader NOTE Ideas in Q4, move through without detail.

Volunteer READ In “Quiet your heart” ask three different volunteers to read one paragraph each.

## DAY THREE PUT ON YOUR ARMOR AND PICK UP YOUR WEAPONS

Leader SHARE In Day Three we look at Ephesians 6 and the armor of God. Leader answer Q1 and 2.

Volunteer READ Paragraph at Q3 beginning with “The sacraments are essential weapons...”

Leader ASK Question at end of Q3, rephrased as “Which sacraments would give you grace and strength if practiced more often?”

Leader NOTE Points in 3A, 3B, and 3C regarding baptism, Eucharist and Sacrament of Penance.

## DAY FOUR WALK AWAY FROM THE QUICKSAND

Volunteer READ First paragraph beginning with “There’s no question...”

\*VERSE READ\* 1 Corinthians 15:33 (noted in Q1) and have group share thoughts from questions in Q1.

Volunteer READ Paragraph under Q1 beginning with “We are wise...”

\*VERSE READ\* Colossians 3:1-10 (noted in Q2) and have group share thoughts from questions in Q2.

Volunteer READ Aloud CCC 2015 (in Q3) and discuss Q3.

Leader NOTE Paragraph in “Quiet your heart” beginning with “There’s no...”

Volunteer READ Prayer in “Quiet your heart” beginning with “Dear Lord...”

## DAY FIVE SAINT STORY on Saint Monica.

CONCLUSION Leader read fifth paragraph aloud, beginning with “God has given you...”

## RESOLUTIONS & PRAYER REQUESTS

Leader ASK Look at resolutions to make a prayer request to commit to grow in your personal relationship with Christ.

CONNECT COFFEE NEXT SESSION: Lesson 18: Reaching Your Child’s Heart.

As you prepare for the Connect Coffee, please consider:

- Connect Coffees are excellent opportunities for participants to invite a guest to try out Walking with Purpose.
- Promote your event! Go to the Leadership Tools section on Walking with Purpose’s website to customize a Connect Coffee invite.
- Consider sharing this wonderful article on [Spiritual Motherhood](#), written by Alice von Hildebrand, with your participants prior to the Connect Coffee. Encourage them to extend a personal invitation to a friend or two!



INTRODUCTION

Leader Read C.S. Lewis quote at the beginning of the Introduction. Then summarize the rest of introduction, beginning with "As we study

Jesus in the Gospels..."

Leader NOTE Key phrases such as "He wants us to be all in" and "He wants a wholehearted commitment from us". Note in last paragraph, words "sideswiped" and "tough circumstances" in relation to God's love. Note sentences at end of paragraph "Following Christ means ..." and "It isn't easy ..."

DAY ONE THE CHALLENGE TO DENY YOURSELF (NOTE: skip Q4 ... verse is stated in "Quiet your heart")

Group SHARE Responses to Q1 (factual).

Volunteer READ Paragraph alongside Q2.

PARTNER Share answers with woman next to them Q2 and Q3 (both questions are at end of paragraphs).

Volunteer READ "Quiet your heart" paragraph beginning with "Daily. As in, day after day..."

DAY TWO THE CHALLENGE TO ACCEPT HEALTHY CONFLICT

Group SHARE Responses to Q1.

Group SHARE Responses to Q2 (factual).

Volunteer READ Paragraph at Q3.

\*VERSE READ\* Before discussing Q3 ... Ask four volunteers to read four verses from Ephesians 4.

Group SHARE Q3 principles to follow regarding conflict with others because of our faith.

Volunteer READ "Quiet your heart."

DAY THREE THE CHALLENGE TO STAND FIRM

Group SHARE Responses to Q1 from Scripture and Q2 from CCC 409 (both are factual)

Volunteer READ Before discussing Q3 ... Ask volunteer to read paragraph under Q3 beginning with "As we face ..."

Group SHARE Q3 relating to 1 Corinthians 16:13 and the way in which we apply that verse to challenges in our own lives.

Volunteer READ Turn to Q4 Catechism Clip (CCC 162)

Group SHARE Response to Q4 as found in CCC 162 (factual).

Leader NOTE Last sentence from "Quiet your heart."

DAY FOUR THE CHALLENGE TO STAY CHILDLIKE

Leader READ First paragraph and Q1 (factual).

Group SHARE Responses to Q2.

Volunteer READ Paragraph at Q3.

Group SHARE Responses to Q3.

Volunteer READ "Quiet your heart ..." sentences at end of paragraph beginning with "God knows that ..."

DAY FIVE SAINT STORY on Saint Perpetua and Saint Felicity ... Fourth and fifth paragraphs are AMAZING!!

CONCLUSION Leader read fourth and fifth paragraphs aloud beginning with "Satan is the ..." and "When we sit ..."

RESOLUTIONS & PRAYER REQUESTS

Leader ASK Look at resolutions to make a prayer request to commit to grow in your personal relationship with Christ.

## INTRODUCTION

Leader NOTE Information in quote (second to last paragraph) from Jon Tyson. Point out important statistics and dates.  
 Leader READ Last paragraph of introduction.

## DAY ONE WE NEED TRUTH TO STAND ON (NOTE: skip Q3)

Volunteer READ Paragraph above Q1.  
 Group SHARE Responses to Q1 and Q2 (factual).  
 Leader NOTE Last sentence in paragraph under Q2 beginning with "God has protected the doctrine..."  
 Volunteer READ Last paragraph of "Quiet your heart..."

## DAY TWO WE NEED GRACE TO STRENGTHEN US

Group SHARE Responses to Q1 and Q2 (factual).  
 Leader NOTE Sentences above Q3 "But it is only in the Mass..." (through the end of the paragraph).  
 Group SHARE Q3 (factual) and Q4 (personal).

## DAY THREE WE NEED EACH OTHER

Volunteer READ Both Scripture passages in Q1 and group share responses.  
 Group SHARE Responses to Q2 (factual).  
 Leader READ Paragraph under Q2 beginning with "The early Christians..."  
 Group SHARE Points that were impactful in paragraphs regarding what the Catholic Church "started" throughout Q2.  
 Group SHARE Response to Q3 (personal, great conversation starter).

## DAY FOUR WE NEED TO GIVE BACK

Volunteer READ Paragraph at beginning of Day 4 "When we look..."  
 Group SHARE Responses from Q1, Q2, Q3A, Q3B, Q3C.  
 Leader NOTE Sentences under 3B "No one is overlooked..."  
 Sentences under 3C at very end "God doesn't call the equipped..."  
 Last paragraph of "Quiet your heart" which starts with "Go to the Lord in prayer..."

## DAY FIVE SAINT STORY on Saint Anysia. Ask women to share what points were impactful.

CONCLUSION Leader read second, third and fourth paragraphs of the conclusion aloud beginning with "As I sat...", "I was shocked...", and "She continued..."  
 Read the last paragraph beginning with "When we determine..."

## RESOLUTIONS & PRAYER REQUESTS

Leader ASK Look at resolutions to make a prayer request to commit to grow in your personal relationship with Christ.

LEADERS, PLEASE NOTE: In two sessions you'll have a Connect Coffee talk, Lesson 22: Set the World on Fire. This will be your last session together as a group.

As you prepare for the Connect Coffee, please consider:

- Connect Coffees are excellent opportunities for participants to invite a guest to try out Walking with Purpose.
- Promote your event! Go to the Leadership Tools section on Walking with Purpose's website to customize a Connect Coffee invite.
- Summary of Lesson 22 Connect Coffee Talk: We live in a culture that is obsessed with busyness. Each of us wants to use our time in the way that God wants us to. God wants us to see the brokenness of our world and be determined to do something about it. This talk shares encouragement to choose how we bring about positive change in our world and to see what God can do through us!

*After lesson: review self-assessment found in your WWP small group leader workbook.*



## INTRODUCTION

Leader NOTE Two paragraphs beginning with "As we read the Bible..." and " But we don't just approach..."

## DAY ONE GETTING STARTED

Group SHARE Responses to Q1.

Leader NOTE Sentence (at end of second paragraph) under Q1. Sentence begins with "Could you give up..."

PARTNER Share response to the three parts of Q2 (personal).

Volunteer READ All of "Quiet your heart"

## DAY TWO PREPARING YOUR HEART

Group SHARE Q1 and Q2 (share simultaneously).

Leader NOTE Q3, Q4, Q5, Q6, Q7 (very personal). Women are free to share thoughts, but not mandatory (individual exercise).

Volunteer READ Last paragraph of "Quiet your heart." Note: this would also make a nice closing prayer for group to read together.

## DAY THREE THE DEVOTIONAL METHOD OF BIBLE STUDY EXPLAINED

Leader NOTE Tools listed at 1, 2, 3 and 4.

\*Leader add in [lectio divino method](#) as an option to consider.

Leader NOTE Paragraph above 4A "To reflect on why ..."

Group SHARE Look at the three verses in 4A, 4B and 4C and discuss what the verses reveal regarding devotional scripture reading.

Volunteer READ All of "Quiet your heart ..."

## DAY FOUR GIVE IT A TRY

\*VERSE STUDY\* Pick one verse to work through as a group (or in partners).

Leader NOTE Second paragraph of "Quiet your heart" which begins "When we open the Bible..."

## DAY FIVE SAINT STORY on Saint Edith Stein. Spend some time discussing and sharing thoughts.

CONCLUSION Volunteer read "Aroma of Christ" by Amanda Williams.

LEADER NOTE Last paragraph of conclusion beginning with "This is my prayer for..."

## RESOLUTIONS & PRAYER REQUESTS

Leader ASK Look at resolutions to make a prayer request to commit to grow in your personal relationship with Christ.

## CONNECT COFFEE NEXT SESSION: Lesson 22: Set the World on Fire.

As you prepare for the Connect Coffee, please consider:

- Connect Coffees are excellent opportunities for participants to invite a guest to try out Walking with Purpose.
- Promote your event! Go to the Leadership Tools section on Walking with Purpose's website to customize a Connect Coffee invite.
- Summary of Lesson 22 Connect Coffee Talk: We live in a culture that is obsessed with busyness. Each of us wants to use our time in the way that God wants us to. God wants us to see the brokenness of our world and be determined to do something about it. This talk shares encouragement to choose how we bring about positive change in our world and to see what God can do through us!

*After lesson: review self-assessment found in your WWP small group leader workbook.*