Discovering Our Dignity

Leaders’ Guide

walking with purpose
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INTRODUCTION
Leader ASK  “Do you ever feel tempted to hide? Have you faced feelings of shame and inadequacy? We’ll look at what we can learn from Eve through the spiritual truths written in the book of Genesis.”
Leader ASK  Volunteer to read the second to last paragraph of the introduction.

DAY ONE  DIGNITY
Leader ASK  Q1 & Q2 quickly, noting that the answer key in back of study guide offers additional insights
Group SHARE  Q3 & Q4
Leader ASK  Q5
Leader ASK  Volunteer to read paragraph following Q5 regarding the meaning of the word helper
Leader ASK  For reflections on QYH section.

DAY TWO  TEMPTATION
Group SHARE  Q1; Leader NOTE additional insights from answer ky
Leader ASK  Volunteer to read paragraph following Q1
Leader Ask  Q2, Q3
Leader READ  Paragraph at Q4 and ask question at end
Leader NOTE  “The enemy wants us to doubt that God is enough and all that we need. Let’s learn from Eve’s mistakes.”
Group SHARE  Spend some time reflecting on Eve’s four mistakes.
Leader NOTE  Practical help in QYH; invite women to reflect on during their personal prayer time.

DAY THREE  CONTENTMENT
Leader ASK  Q1, Q2 & Q3 quickly
Leader ASK  Volunteer to read the paragraph before Q4
Leader ASK  Q4 A, B & C
Leader ASK  “What stood out in the 3 paragraphs following Q4?” (point to themes of deception, dignity & gratitude)

DAY FOUR  HIDING
Leader ASK  Q1 & 2 (quickly), Q3
Group SHARE  Discussion of paragraphs following Q3 about guilt, shame and dignity.
Leader ASK  from Q4, “What do these verses reveal about our safe place to hide? ”
Leader ASK  Paragraph following Q4 that begins, “Because our lives are hidden in Christ…”
Leader ASK  For reflections on QYH section. Consider incorporating into closing prayer for the session.

DAY FIVE  THE CONSEQUENCES
Leader ASK  Q1, Q2, Q3, Q4, Q5
Leader ASK  Volunteer to read paragraph following Q5
Leader ASK  Q6 (factual) & Q7, noting paragraph that follows and QYH regarding the legacy we leave behind

CONCLUSION
Leader ASK  “What stood out to you from the Conclusion?”

VERSE STUDY  Genesis 1:27 walk participants through steps and refer them to the appendix for instructions.

RESOLUTIONS & PRAYER REQUESTS
Leader NOTE  Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to. Consider closing in prayer with Day 4 QYH, inviting women to share aloud some of the blessings for which they’re thankful.

After lesson, review self-assessment found in your WWP small group leader workbook

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INTRODUCTION
Leader NOTE "We'll see what we can learn from Sarah’s life about suffering, loving, enduring and maturing."
Leader ASK "What insights did you glean from the quote from Pope Benedict XVI?"

DAY ONE THE LEAVING
Leader ASK Q1 (quickly), Q2 & Q3
Group SHARE Q4 (A & B quickly), Q4 C, Q5 (personal but be open to possibility that someone may want to share)
Leader ASK For reflections on paragraph following Q5 and QYH section. "What stood out to you?"

DAY TWO THE WAIT
Leader ASK Q1 A & B, Q2 (quickly, all factual)
Group SHARE Highlights from paragraph following Q2, then Q3, Q4 & Q5
Leader ASK Volunteer to read paragraphs that follow Q 5
Leader ASK Q6 (personal but someone may have an experience she wants to share briefly)
Leader READ Paragraph following Q6 and encourage women to underline their favorite verse from QYH in their bible

DAY THREE THE GOD WHO SEES
Leader ASK Q1 & Q2
Leader ASK Q3 A & B (quickly), Q4
Group SHARE The name for God translated as El Roi in the paragraphs that follow Q4 & the difference He makes
Leader READ The last two lines in QYH, beginning with, “I claim your promise made in Romans 8:28...”

DAY FOUR THE COVENANT
Leader ASK Volunteer to read the introduction at Day Four
Leader ASK Q1 A, B & C
Leader ASK Volunteer to read paragraph following Q1
Leader ASK Q2 A, B, C & D (factual), quickly
Volunteer ASK Q3 & Q4
Group SHARE Q5
Leader READ QYH aloud, inviting participants to underline those phrases that speak to them personally.

DAY FIVE THE LEGACY
Leader ASK Q1 (quickly) then READ the last few lines of the paragraph that follows
Leader ASK Volunteers read aloud the scripture verses in Q2 from their Bibles
Leader ASK Q3
Group SHARE Q4
Leader Ask Q5, then ASK, “What stood out from the QYH?”

CONCLUSION
Leader ASK Volunteer to summarize the Conclusion, highlighting any insights

VERSE STUDY Invite women to work on verse study on over a weekend day.

RESOLUTIONS & PRAYER REQUESTS Resolutions provide the opportunity to apply what we have learned to our daily lives.

Tell participants that after your next session, you will have a Connect Coffee; a perfect opportunity to invite a friend to meet new women, watch an inspiring video and join in an inviting discussion! After the session, send an email invite/reminder.

After lesson, review self-assessment found in your WWP small group leader workbook

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INTRODUCTION
Leader NOTE  “We’ll look at Rebekah’s life choices and learn how God’s plan is not thwarted by our mistakes either.”
Leader ASK  Volunteer to READ the third and fourth paragraphs of the introduction.

DAY ONE  A WORTHY WOMAN
Leader ASK  Q1
Group SHARE  Q2
Leader ASK  Q3
Group SHARE  Q4
Leader ASK  Q5 & Q6
Leader NOTE  Ask participants to NOTE 1 Samuel 16:7 found in QYH

DAY TWO  PREPARING THE BRIDE
Leader ASK  Q1 & Q2 A, B, C & D and Q3, referring to the answer key in the study guide for additional insights
Group SHARE  Q4
Leader Ask  “What insights would you like to share from the QYH?”

DAY THREE  UNEXPECTED ANSWERS
Leader ASK  Q1, Q2 & Q3
Leader ASK  Q4 A (personal) Would anyone like to share?
Leader ASK  Volunteers read Scripture verses aloud from Q4 B while others follow along in their Bibles
Leader ASK  “Can anyone relate to the story and questions in Q5?” Allow extra time for sharing

DAY FOUR  INSTANT GRATIFICATION
Leader ASK  Q1
Group SHARE  Q2: Have women share aloud what they learned about Esau and Jacob, Q3 & Q4
Leader ASK  Q5 & Q6 (be prepared to share your response to Q6 if no one else does)
Leader ASK  “What are your thoughts about The First Principle and Foundation in QYH?”

DAY FIVE  BLESSING AT ANY COST
Volunteer ASK  Q1
Leader ASK  Q2 (and be prepared to share you answer if no one else does)
Leader ASK  Q3
Group SHARE  Q4
Leader Ask  Q5
Leader ASK  “What stood out in the paragraph following Q5?”
Leader ASK  Volunteer to read quote from Mother Mary Francis, PCC in QYH

CONCLUSION
Leader ASK  “What stood out from the Conclusion (especially regarding humility and redemption)?”

VERSE STUDY  Spend some time discussing personal application of Philippians 4:8

RESOLUTIONS & PRAYER REQUESTS
Resolutions provide the opportunity to apply what we have learned to our daily lives. Direct participants to select a resolution or create their own to commit to.

Share that the next session is a Connect Coffee; a perfect opportunity to invite a friend to meet new women over coffee, watch an inspiring video and join in an inviting discussion!

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INTRODUCTION
Leader NOTE “We’ll see today what God can teach us through Leah and Rachel’s heartaches and desires.”

DAY ONE LOVE AT FIRST SIGHT
Leader ASK Q1 & Q2 (factual), quickly
Group SHARE Thoughts from Leon Kass’ insights regarding Jacob and Rachel’s first encounter
Leader ASK Q3
Group SHARE Q3 & Q4
Leader ASK Q5
Leader ASK For reflections on QYH section.

DAY TWO THE DECEIVER IS DECEIVED
Group SHARE Q1 A & B, and Q2
Leader READ Paragraph above Q3 then ASK Q3
Leader ASK Q4
Group SHARE Q5
Leader READ Paragraph following Q5; ask participants to highlight impactful phrases
Leader ASK Volunteer to read the last two lines in QYH, beginning with, “Ask God to give you…”

DAY THREE DESPERATE MEASURES
Leader ASK Q1, Q2 & Q3
Leader ASK Q4, Q5 & Q6
Leader NOTE Point out the scripture verses in QYH to pray with as you reflect on any cross you carry

DAY FOUR FLEEING IN SECRET
Leader ASK Volunteer to read paragraph at start of Day Four
Leader ASK Q1
Group SHARE Q2
Leader READ From the middle of the second paragraph following Q2, beginning with, “When discontentment and jealousy…”
Leader ASK Q3 & Q4, (Q5 if anyone wants to share her personal story; if not, move on), and Q6
Leader READ QYH aloud, inviting participants to underline those phrases that speak to them personally.

DAY FIVE A COVENANT AND A NEW BEGINNING
Leader ASK Q1, Q2, Q3, Q4 (moving through rather quickly)
Leader ASK Volunteer to read and answer Q5
Leader READ Q6 and ASK group to share; be prepared to respond if participants are hesitant to share
Leader ASK “What stood out to you from QYH (e.g. reconciliation, new beginnings, scripture verses)?”
Leader NOTE Share an examination of conscience (www.usccb.org features a great guide)

CONCLUSION
Leader READ Paragraphs three and six and ask if any other passages held special meaning

VERSE STUDY If time permit, discuss Genesis 31:42 and share personal applications

RESOLUTIONS & PRAYER REQUESTS
Leader NOTE Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to.

After lesson, review self-assessment found in your WWP small group leader workbook
©Walking with Purpose, Inc.
INTRODUCTION
Leader NOTE  Summarize the introduction
Leader ASK  Volunteer to read last paragraph of introduction aloud

DAY ONE  A SPLIT-SECOND DECISION
Leader ASK  Q1 & Q2 (skip paragraphs at Q3, ASK if anyone wants to share answers to two Q's at end; if not move on)
Group SHARE  Q4
Leader READ  Paragraph following Q4 then ASK for insights on Q4 A, B & C. Encourage women to mark these verses in Their Bibles to refer to when confronted by a difficult decision
Leader ASK  “What stood out to you from QYH?”

DAY TWO  PREPARING TO CROSS
Leader ASK  Q1, Q2 A & B, Q3, Q4, Q5 A; remind participants that the answer key provides additional insights
Group SHARE  Q5 B
Leader ASK  Volunteer to read first paragraph of QYH

DAY THREE  STONES OF REMEMBRANCE
Leader ASK  Q1 A, B & C and Q 2
Leader ASK  “What stood out from the 'Stones of Remembrance’ lesson by Todd Phillips?” ASK Q at end of Q3
Leader NOTE  Be sure to point out the last sentence if not addressed: “We are to be stones of remembrance- seeking…” and be prepared to share your thoughts on Q5
Leader READ  Second line from QYH: “We, too, are given responsibility to pass on the baton of faith…”

DAY FOUR  STRENGTH IN WEAKNESS
Leader ASK  Q1, Q2, Q3
Group SHARE  Q4
Leader ASK  Q5 A & B
Leader ASK  Volunteer to read QYH aloud, inviting participants to underline most impactful text

DAY FIVE  THE RESCUE
Group SHARE  Q1 & Q2, allowing extra time for discussion
Leader ASK  Q3, Q4, Q5, quickly
Leader ASK  “What stood out from the QYH section?”
Leader NOTE  Consider incorporating quote from St. Therese of Lisieux in QYH into closing prayer

CONCLUSION
Leader READ  First two paragraphs of Conclusion
Leader ASK  Volunteer to read last four paragraphs of Conclusion

VERSE STUDY
Leader NOTE  Time will most likely not permit review of the verse study this week. Remind participants that instructions on how to do a verse study are in the back of the study guide

RESOLUTIONS & PRAYER REQUESTS
Leader NOTE  Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to this week. Incorporate Quote from St. Therese in QYH, Day 5 into closing prayer for this session.

After lesson, review self-assessment found in your WWP small group leader workbook

©Walking with Purpose, Inc.
INTRODUCTION
Leader NOTE Summarize the Introduction or ask a volunteer to summarize. READ the last paragraph.

DAY ONE
PARTIAL OBEDIENCE
Leader NOTE Remind participants that the answer key is a great resource for additional insights and information.
Leader ASK Q1, Q2, Q3 (factual), quickly
Leader ASK Question at end of Q4 (personal); be prepared to share if participants are hesitant to speak up.
Leader ASK Volunteer to read paragraph following Q4
Leader ASK For reflections on QYH section. “What was the most meaningful message to you?”

DAY TWO
GIFTED TO SERVE
Leader ASK Q1
Leader READ Description of prophecy and definition of charism from paragraphs following Q1
Leader ASK Q2, Q3, Q4 & Q5 (factual), quickly, then READ paragraph following Q5
Group SHARE Q6, allow extra time for deeper discussion
Leader ASK Volunteer to read aloud first paragraph of QYH

DAY THREE
THE BATTLE IS THE LORD’S
Leader ASK Volunteer to read paragraph before Q1
Leader ASK Q1, Q2, Q3 A & B (factual), quickly
Leader ASK Participants call to mind their answer to Q4 (personal) and then look at the verses together
Leader ASK Volunteer to read Job 42:2 aloud, ASK two others to read Jeremiah 32:7 and John 14:13 aloud
“How can these verses help us in the battles we face?”
Leader ASK “What stood out to you from the QYH?”

DAY FOUR
SELF-LEADERSHIP
Leader ASK Q1
Leader NOTE Summarize paragraphs following Q1, note humility & self-leadership as keys to positively affecting others
Leader ASK For volunteers to share insights from the four scripture verses in Q2
Leader ASK Volunteer to read QYH aloud, inviting participants to underline those phrases that speak to them personally.

DAY FIVE
SPIRITUAL MOTHERHOOD
Leader ASK Q1A & B, & Q2
Leader READ All of the paragraphs following Q2 regarding Spiritual Motherhood
Group SHARE Q3 & Q4
Leader ASK Volunteer to read paragraph at Q5, then ASK question at end
Leader ASK “What stood out to you from the QYH section?”

CONCLUSION
Leader NOTE Summarize the the story of Mary Slessor, noting where her courage and strength came from
Leader ASK Volunteer to read aloud the last paragraph of the Conclusion.

VERSE STUDY Invite participants to share insights from personal application of Romans 8:37

RESOLUTIONS & PRAYER REQUESTS
Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to this week.

Tell participants that after your next session, you will have a Connect Coffee; a perfect opportunity to invite a friend to meet new women, watch an inspiring video and join in an inviting discussion! After the session, send an email invite/reminder.

After lesson, review self-assessment found in your WWP small group leader workbook
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INTRODUCTION
Leader NOTE  “We’ll look at the book of Ruth to learn lessons about a woman’s worth.”
Leader READ  Third paragraph of introduction to end.

DAY ONE  LEANNESS AND LOSS
Leader ASK  Q1 A & B (factual), quickly, reminding participants of additional insights that can be found in answer key
Leader ASK  Volunteer to read aloud two paragraphs that follow Q1
Leader ASK  “What do we learn about Moab from the verses in Q2?”
Leader ASK  Q3
Group SHARE  Q4 & Q5
Leader ASK  Volunteer to read paragraph following Q5
Leader ASK  For reflections on QYH section; “What stood out to you?”

DAY TWO  EMPTY YET LOYAL
Group SHARE  Q1 & Q2; be prepared to share own response if participants are hesitant about sharing
Leader ASK  Q3 and Q4
Leader ASK  Volunteer to read and respond to Q5
Leader NOTE  Encourage participants to reflect upon the QYH during their personal prayer time this week.

DAY THREE  PROVIDENCE AND PROVISION
Leader ASK  Q1, Q2 A & B (factual), quickly
Group SHARE  Q2C
Leader ASK  What stood out from the paragraph following Q2? ASK Q3 & Q4
Group SHARE  Q5 (read entire paragraph at Q5)
Leader NOTE  Point out Ruth 2:12 and Psalm 57:1 in QYH, then ASK, “What else stood out to you?”

DAY FOUR  TRUSTING YET ACTIVE
Volunteer ASK  Q1
Leader ASK  What stood out from the two paragraphs following Q1?
Leader ASK  Q2 A, B, & C
Group SHARE  Q2D; be prepared to share own example and allow extra time for all to contribute if desired
Leader ASK  What stood out from the paragraphs that follow Q2? Then ASK: Q3 & Q4
Leader ASK  “Which promise(s) of God from QYH do you most rely on at this time in your life?”

DAY FIVE  BLESSING AND PURPOSE
Leader ASK  Q1, Q2 & Q3 (factual), quickly
Leader ASK  Volunteer to read paragraphs at Q4 then ASK Q4
Leader READ  Paragraph at Q5, omitting prayer
Leader NOTE  Incorporate prayer in QYH into closing prayer for this session.

CONCLUSION
Leader ASK  “What stood out to you from this lesson on Ruth?”

VERSE STUDY  If time permits, share insights from Ruth 1: 16-17

RESOLUTIONS & PRAYER REQUESTS
Incorporate prayer from Day 5 QYH into closing prayer for the session.

Share that the next session is a Connect Coffee; a perfect opportunity to welcome a friend, watch an inspiring video and join in an inviting discussion!

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INTRODUCTION
Leader NOTE  Summarize the introduction to set the stage for Abigail’s story
Leader ASK  “What stood out to you from the last paragraph in the Introduction?”

DAY ONE  MISMATCHED MARRIAGE
Leader ASK  Q1, Q2 (factual) quickly, reminding participants that additional insights can be found in answer key
Leader ASK  Volunteer to read cited verses and Catechism and respond to Q3 A
Group SHARE  Q3B, be prepared to share your own response to encourage others to share
Leader ASK  Q4
Leader ASK  For reflection on paragraphs following Q4, allowing extra time for deeper discussion
Leader ASK  Volunteer to read QYH

DAY TWO  WISDOM IN ACTION
Leader ASK  Q1, Q2, Q3 (factual), quickly
Group SHARE  Insights from verses in Q4, allow extra time for discussion
Leader NOTE  Encourage participants to reflect on QYH during their personal prayer time this week.

DAY THREE  CAREFUL WORDS
Leader ASK  Q1, Q2, & Q3 (factual), quickly
Leader ASK  Group to share insights from paragraphs that follow Q3
Leader NOTE  Q4 is personal and for reflection only
Leader ASK  Q5A
Group SHARE  Q5B
Leader ASK  Encourage participants to reflect on QYH during their personal prayer time this week.

DAY FOUR  JUSTICE AND MERCY
Group SHARE  Q1
Leader ASK  Q2 & Q3
Leader ASK  From Q4: “What does forgiveness NOT mean?”
Group SHARE  Q at end of Q4, and Q5, allowing extra time for deeper conversation
Leader ASK  “What message from QYH spoke to you this week?”

DAY FIVE  FAITH AND HUMILITY
Leader ASK  Q1
Leader ASK  Volunteer to read paragraph at Q2 and ASK Q2
Group SHARE  Q3
Leader ASK  Q4 & Q5
Leader ASK  Volunteer to read QYH

CONCLUSION
Leader ASK  Volunteers to read alternate paragraphs of the Conclusion

VERSE STUDY  If time permits, share personal application from study of Colossians 3: 12-13

RESOLUTIONS & PRAYER REQUESTS
Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to for the week.

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INTRODUCTION
Leader ASK  “What stood out to you from the Introduction?”

DAY ONE  SMALL COMPROMISES LEAD TO BIG MISTAKES
Leader ASK  Q1 A
Group SHARE  Q1 B
Leader ASK  Q2, and ask for participants to share insights on the paragraph that follows Q2
Group SHARE  Q3, be prepared to share your own response to encourage others to share
Leader ASK  For insights on the paragraph that follows Q3, then ask Q4
Leader ASK  Volunteer to read QYH

DAY TWO  A STORY MEANT TO PIERCE THE HEART
Leader READ  The paragraph before Q1
Leader ASK  Q1
Leader ASK  Volunteer to read paragraph following Q1
Leader ASK  Q2 A & B
Group SHARE  Q3, be prepared to share an example if participants are hesitant to offer
Leader ASK  Q4
Leader NOTE  Point out Psalm 51 in QYH can be used to pray for “forgiveness, restoration & the return of joy.”

DAY THREE  IRREVERSIBLE CONSEQUENCES
Leader ASK  Q1 & Q2, referencing CCC 1434
Group SHARE  Q2 B and insights from paragraphs following Q2 B
Leader ASK  Q3 A
Group SHARE  Q3 B and insights from the paragraph that follows
Leader ASK  Q4
Leader ASK  “What message from QYH spoke to you?”

DAY FOUR  PASSING THE CROWN AND THE BATON OF FAITH
Leader READ  Opening paragraph
Leader ASK  Q1 & Q2, reminding participants that the answer key contains additional insights
Leader READ  Last line in paragraph following Q2 beginning, “Unquestionably, David’s decision not to 'rock the boat’...”
Leader ASK  Q3 & Q4
Group SHARE  Insights from paragraph before Q5, responses to Q5, and response to paragraph that follows
Leader NOTE  Prayer found in QYH is one we can pray over children. Suggest that participants visit the WWP website, www.walkingwithpurpose.com and find prayers for children under “Free Printables.”

DAY FIVE  THE QUEEN MOTHER
Leader ASK  Q1, ask for insights on paragraph that follows, then ask Q2 A & B, Q3, Q4 & Q5
Leader ASK  Volunteer to read QYH

CONCLUSION
Leader ASK  Volunteers to share what stood out to them from the Conclusion, READ last paragraph

VERSE STUDY  If time permits, share personal application from study of Proverbs 4:23

RESOLUTIONS & PRAYER REQUESTS
Encourage participants to select a resolution or create their own to commit to for the week.

SPECIAL NOTE: Lesson 13, Tamar, touches on the very sensitive topic of rape. Advise participants of this topic, reminding them of the Lord’s promise of healing and redemption. Pray for each participant in a special way this week.

After lesson, review self-assessment found in your WWP small group leader workbook

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INTRODUCTION
Leader NOTE This lesson may be difficult for some participants to discuss, be sensitive to group discussion and be flexible about converting to personal reflection instead if participants are hesitant to share.
Leader READ The last paragraph of the Introduction

DAY ONE  THE BATTLE STARTS IN THE MIND
Leader ASK Volunteer to read aloud passage with “fill in the blanks” from Q1
Leader ASK Q2 & Q3 A
Group SHARE Q3 B
Leader NOTE From paragraph that follows Q3 B, that children learn by imitation
Group SHARE Q4 and be prepared to answer to encourage discussion
Leader ASK Volunteers read scripture verses aloud from Q5 and share insights
Leader ASK Volunteer to read QYH

DAY TWO  THE POWER OF INFLUENCE
Leader ASK Volunteer to read Q1, then ASK for insights on friendship from verses in Q1
Leader ASK Volunteer to read the third paragraph following Q1
Leader NOTE Q2 is for personal reflection only, not to be shared
Group SHARE Q3
Leader ASK Volunteers to share insights on temptation from the St. Francis de Sales passage in QYH

DAY THREE  AN ATTACK ON DIGNITY
Leader READ paragraph at beginning of Day Three
Group SHARE Q1
Leader ASK Volunteer to read paragraph that follows Q1
Leader ASK Q2, Q3, Q4 & Q5
Leader ASK Volunteers to read alternate paragraphs of QYH

DAY FOUR  THE CHOICE: REVENGE OR FORGIVENESS
Leader ASK Q1
Group SHARE Q2
Leader ASK Q3 & Q4, referencing Catechism Clips
Group SHARE Insights on paragraphs that follow Q4
Leader ASK “What message from QYH spoke to you?”

DAY FIVE  THE FINAL COST
Leader ASK Q1, Q2, Q3, Q4
Leader ASK Volunteer to read paragraph at Q5
Leader ASK Q5 A & B
Leader ASK “Do you believe we can trade our sorrows and shame for God’s mercy and grace? How can we do this?”

CONCLUSION
Leader ASK Volunteers to read alternate paragraphs of the Conclusion

VERSE STUDY  If time permits, share personal application from study of Isaiah 61:3

RESOLUTIONS & PRAYER REQUESTS
Encourage participants to select a resolution or create their own to commit to for the week.

Remind participants that next session is a Connect Coffee; a perfect opportunity to invite a friend!

After lesson, review self-assessment found in your WWP small group leader workbook

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INTRODUCTION
Leader READ Third and fifth paragraphs of Introduction

DAY ONE
NO LONGER AN ORPHAN
GROUP SHARE Q1 A & B, allowing extra time for deeper discussion
Leader ASK Q2 & Q3, then ASK volunteer to read paragraph that follows Q3
Leader ASK Q4 & Q5, reminding participants of answer key for further insights,
Leader NOTE Consider using QYH for closing prayer at end of session

DAY TWO
WINNING THE FAVOR OF ALL
Leader ASK Q1
Group SHARE Q2
Leader ASK “Would anyone like to share a practical way to display one of these qualities (Q3)?”
Group SHARE Q4 A & B
Leader ASK “What stood out to you from QYH?”

DAY THREE
HAMAN’S HATRED
Leader ASK Q1, Q2, then ASK volunteer to read paragraph following Q2
Leader ASK Q3 & Q4
Group SHARE Q5
Leader NOTE Encourage participants to reflect on QYH insights during their personal prayer time this week.

DAY FOUR
WHEN GOD SEEMS SILENT
Leader ASK Questions at Q1 one at a time
Leader ASK Volunteer to read paragraph following Q1
Leader ASK Q2, then READ paragraph following Q2 and second paragraph at Q3
Leader ASK Questions at end of Q3
Leader ASK Volunteer to read paragraph at Q4; ask women to underline any impactful phrases
Group SHARE Q4 and Q5
Leader ASK “What message from QYH spoke to you?”

DAY FIVE
HIS ARM IS NOT TOO SHORT TO SAVE THEM
Leader READ quote from Pope Francis
Leader ASK Q1, then ask volunteer to read paragraph following Q1
Leader ASK Q2, then ASK, “What stood out from the paragraphs following Q2?”
Leader ASK Q3 A, then ASK a volunteer to read paragraph following Q3 A
Leader ASK Q3 B, then READ paragraph following Q3 B
Group SHARE Insights from paragraph and question at Q4
Leader ASK Volunteer to read paragraph that follows Q4, and ASK Q5
Leader NOTE Encourage participants to reflect on God’s character and goodness during prayer time

CONCLUSION
Leader ASK Volunteers to share main points from Conclusion

VERSE STUDY
If time permits, share personal application from study of Deuteronomy 4:29

RESOLUTIONS & PRAYER REQUESTS
Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to for the week. Incorporate Day 1 QYH into closing prayer.

After lesson, review self-assessment found in your WWP small group leader workbook
INTRODUCTION
Leader ASK  “Who needs a Mother? (We all do). What other points stood out to you from the Introduction? “
Leader ASK  Volunteer to read the last two paragraphs

DAY ONE  MARY, EVER VIRGIN
Leader ASK  Q1, Q2 & Q3 (Read CCC 503 and John 3:16 aloud)
Leader ASK  What stood out from the paragraphs that follow Q3? Allow time for group discussion.
Group SHARE  Q4, allowing time to reference John 1:13 and CCC 505
Group SHARE  Leader read and ask Q5, be prepared to share your own response to encourage others to share
Leader NOTE  Encourage participants to reflect on QYH during their personal prayer time this week.

DAY TWO  MARY, THE ARK OF THE NEW COVENANT
Leader ASK  Q1, then READ paragraph following Q1
Leader ASK  Q2, Q3, & Q4 then READ paragraph following Q4
Group SHARE  Q5, and insights that come from the connections that follow Q5
Leader ASK  Volunteers to read alternate paragraphs of QYH

DAY THREE  MARY, THE QUEEN OF HEAVEN
Leader ASK  Q1 & Q2
Leader NOTE  Briefly review the concept of gebirah
Leader ASK  Q3, Q4, then ASK Volunteer to read paragraph following Q4
Leader ASK  Q5
Leader ASK  Volunteer to read QYH

DAY FOUR  MARY, OUR ADVOCATE
Leader ASK  Q1
Group SHARE  Q2
Leader ASK  Q3 and ASK Volunteer to read paragraph that follows Q3
Group SHARE  Q4, allowing extra time for discussion
Leader ASK  Q5, then READ paragraph that follows and QYH section

DAY FIVE  MARY, OUR MOTHER
Leader ASK  Volunteer to read opening quote and paragraph
Leader ASK  Q1 and remind participants additional information can be found in the answer key; Q2
Leader ASK  Volunteer to read paragraph following Q2
Leader ASK  Q3, then Read paragraph following Q3
Leader ASK  Volunteer to read Q4 and ask questions at end
Group SHARE  Q5 and insights from paragraph that follows Q5
Leader ASK  Volunteer to read QYH

CONCLUSION
Leader ASK  Volunteers to read alternate paragraphs of Conclusion

VERSE STUDY
If time permits, share personal application from study of Luke 1: 41-42

RESOLUTIONS & PRAYER REQUESTS
Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to for the week.

Tell participants that after your next session, you will have a Connect Coffee; a perfect opportunity to invite a friend to meet new women, watch an inspiring video and join in an inspiring discussion! Send an email invite/reminder later this week.

After lesson, review self-assessment found in your WWP small group leader workbook

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INTRODUCTION
Leader ASK Volunteer to summarize the introduction and then read last paragraph
Leader NOTE This lesson offers many opportunities for deep discussion. If group discussions are insightful, skip over supplemental text such as Quiet Your Heart (QYH), directing participants to revisit on their own.

DAY ONE  REMARKABLE GENEROSITY
Leader READ Mark 12:41-44, then ASK Q1
Leader ASK Volunteer to read Q2 and then respond, sharing further insights from the answer key
Group SHARE Q3 and Q4, reminding participants of honor code if comparison or judgment emerge
Leader ASK Q5
Leader NOTE Consider incorporating QYH prayer into closing prayer for the session.

DAY TWO  RADICAL DEPENDENCE
Leader ASK Q1
Leader NOTE Q2 is a personal question, not to be shared
Leader ASK Volunteer to respond to first 2 questions at Q3, then group discussion of third question
Group SHARE Q4
Group SHARE Q5
Leader ASK Volunteer to read QYH

DAY THREE  REFRESHING DETACHMENT
Leader ASK Q1
Group SHARE Q2 and Q3
Leader NOTE Q4 is for personal reflection, not to share
Leader ASK Volunteer to read QYH

DAY FOUR  RARE FOCUS
Leader ASK Q1
Group SHARE Q2, be prepared to share if participants are hesitant to respond
Leader NOTE Q3 is for personal reflection, not to be shared
Group SHARE Q4, allowing extra time for deeper discussion
Leader NOTE Q5
Leader NOTE Encourage participants to reflect on QYH during their personal prayer time this week.

DAY FIVE  REAL LIFE
Leader ASK Q1 and Q2
Group SHARE Q3 and Q4, allowing extra time for deeper discussion
Leader NOTE Depending on the dynamics of the group, this question could either be open for group sharing or personal reflection. If no one responds, then simply move on to the QYH
Leader READ QYH

CONCLUSION
Leader ASK Direct participants to review Conclusion during their personal prayer time this week.

VERSE STUDY  If time permits, share personal application from study of Luke 6:38

RESOLUTIONS & PRAYER REQUESTS
Consider committing as a group to one of the suggested resolutions. Include QYH Day 1 prayer in closing prayer.

Share with participants that so many women can relate to next week’s Connect Coffee topic, Martha - Does What I Do Matter? Challenge them to personally invite two friends to attend.

After lesson, review self-assessment found in your WWP small group leader workbook

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INTRODUCTION
Leader NOTE  Pairing participants for some discussion questions in the lesson is recommended to allow participants to share insights in a more personal way
Leader ASK  Volunteers to read alternate paragraphs of the Introduction

DAY ONE  IDENTITY
Leader ASK  Q1A, Q2, then ASK volunteer to read aloud paragraphs that follow
Leader NOTE  Partner participants to discuss Q3, noting cited verses
Leader NOTE  Q4 is for personal reflection, not to share
Leader NOTE  Consider incorporating the QYH prayer into the closing prayer for this session

DAY TWO  WORRY
Leader ASK  Volunteer to read paragraphs before Q1
Group SHARE  Q1A and Q1B, be prepared to offer your own description if participants are hesitant to share
Leader NOTE  Q2 is for personal reflection, not to be shared
Leader ASK  Q3, then READ paragraphs that follow
Leader ASK  Volunteer to read Q4, Matthew 11:28-30, respond and then read paragraph that follows
Leader ASK  Volunteers to read alternate paragraphs at Q5, then READ Q for personal reflection, not to share
Leader NOTE  Invite participants to review the QYH during their personal prayer time

DAY THREE  TEACHABILITY
Leader READ  Paragraphs above Q1
Leader ASK  Volunteer to read Q1, respond and then read paragraphs that follow
Leader ASK  Q2, Q3, then READ paragraph that follows
Leader NOTE  Q4 is for personal contemplation. READ aloud and allow for a few minutes of silent reflection.
Leader READ  Last paragraph of QYH

DAY FOUR  FREEDOM
Leader ASK  Q1, Q2, Q3
Leader ASK  Volunteers to read alternate paragraphs at Q4
Leader NOTE  Q4 can be opened up for group discussion or silent reflection, consider dynamics of group
Leader NOTE  Encourage participants to review “Conversion of Heart” found in the appendix
Leader NOTE  Invite participants to reflect upon the QYH message during personal prayer time this week

DAY FIVE  WORK
Leader ASK  Q1, then READ paragraphs that follow
Leader ASK  Q2
Leader ASK  Q3
Group SHARE  Q5, be prepared to share if participants are hesitant to respond
Leader NOTE  Invite participants to re-read QYH during their prayer time

CONCLUSION  Ask two volunteers to read paragraphs 4-7 of the Conclusion.

VERSE STUDY  If time permits, invite participants to share personal application of Colossians 3:23

RESOLUTIONS & PRAYER REQUESTS
Encourage participants to select a resolution or create their own. Incorporate Day 1 QYH into closing prayer.

Review self-assessment found in your WWP small group leader workbook
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INTRODUCTION
Leader ASK Volunteers to read alternate paragraphs of Introduction

DAY ONE  HE INVITES US TO SIT DOWN
Leader ASK Q1(factual), quickly
Leader ASK Volunteer to read text at Q2, cited verses and respond
Group SHARE Q3, allowing extra time for discussion
Leader ASK Volunteer to read text at Q4, cited verses and then respond
Leader NOTE Share story of John Nelson Hyde and encourage participants to make prayer committed as noted
Leader READ Q5 for personal reflection, not for sharing.
Leader ASK Volunteer to read QYH

DAY TWO  HE DOESN'T ALWAYS SHOW UP THE WAY WE THINK HE SHOULD
Leader ASK Q1, Q2, Q3 (factual), quickly
Leader ASK Volunteers to read alternate paragraphs at Q4, not including prayer at end
Group SHARE Q5, be prepared to share first if others are reluctant to respond
Leader NOTE Invite participants to review the QYH during their personal prayer time

DAY THREE  GUARDING THE WEAK SPOTS
Leader ASK Volunteer to summarize introduction to Day 3, be prepared to do if no one offers
Leader ASK Q1
Leader READ Q2 for reflection, not to be shared
Leader ASK Volunteers to read, “How to Guard the Weak Spots,” at Q3, citing verses and read accompanying text
Leader ASK Q4 for group to share or for personal reflection, depending on group dynamics
Leader NOTE Consider incorporating prayers at QYH into closing prayer for the session

DAY FOUR  BROKEN AT HIS FEET
Leader ASK Q1A, Q1B, Q1C
Leader ASK Volunteer to read Q2, John 12:3, and then respond
Leader ASK Q3
Leader ASK Volunteers to read alternate paragraphs at Q4
Leader NOTE Q5 is for personal reflection, do not share
Leader NOTE Invite participants to re-read the QYH during their personal prayer time

DAY FIVE  BESTOWING DIGNITY
Leader ASK Q1, Q2
Leader ASK Volunteers to read alternate paragraphs at Q3
Leader READ Q4 for reflection, not to be shared
Leader NOTE Encourage participants to revisit QYH message about our dignity as daughters of God

CONCLUSION Ask volunteer to read paragraphs 1 - 3 or summarize, then READ last paragraph

VERSE STUDY If time permits, invite participants to share personal application of 2 Corinthians 3:18

RESOLUTIONS & PRAYER REQUESTS Encourage participants to select a resolution or create their own. Incorporate Day 3 QYH prayer into closing prayer.

Next session will be a Connect Coffee talk and last meeting for DOD. Encourage participants to invite a friend to attend.

Review self-assessment found in your WWP small group leader workbook
INTRODUCTION
Leader NOTE “This week, we will return to the topics of dignity, temptation, contentment, hiding and consequences that we looked at through Eve in lesson 2. For our last lesson, we will view them through the life of Mary.”

DAY ONE
DIGNITY
Leader ASK Q1 and Q2
Leader ASK Q3, refer to the answer key for additional insights to share
Leader ASK Q4
Leader NOTE Invite participants to reflect upon the QYH message during their prayer time this week.

DAY TWO
TEPTATION
Leader READ Text at Q1, open up to multiple responses
Leader ASK Q2
Leader ASK Q3A, Q3B
Leader ASK Q4, refer to the answer key for additional insights to share
Leader NOTE Invite participants to write out cited verse on index cards from Q5
Leader READ QYH

DAY THREE
CONTENTMENT
Leader READ Text about Q1
Group SHARE Q1, see the answer key for further insights to share with group
Leader ASK Volunteer to read Luke 1:46-55 and then share key phrases from the Magnificat as noted in Q2
Leader NOTE Q3 and Q4 are for personal reflection, not to be shared
Leader NOTE Consider partnering participants for Q5 discussion or personal reflection, not group sharing
Leader NOTE Encourage participants to reflect on QYH during their personal prayer time

DAY FOUR
HIDING
Leader ASK Q1 and Q2 (factual), quickly
Leader ASK Volunteer to read Q3, Hebrews 10:35-36 and share insights
Leader READ Paragraphs 3 - 5 above Q4, then move on to read paragraphs that follow, not to share responses
Leader NOTE Invite participants to reflect upon the QYH message during personal prayer time this week

DAY FIVE
THE CONSEQUENCES
Leader ASK Q1, Q2 and Q3 (factual), quickly
Leader ASK Volunteer to read Q4, CCC 968, then respond
Leader NOTE Encourage participants to incorporate prayer to Mary in QYH during their personal prayer time

CONCLUSION
Ask two volunteers to read alternate paragraphs of the Conclusion

VERSE STUDY If time permits, invite participants to share personal application of Galatians 2:20

RESOLUTIONS & PRAYER REQUESTS
Encourage participants to select a resolution or create their own to commit to.

Next session will be a Connect Coffee talk and the last DOD meeting. Encourage participants to bring a friend.

Review self-assessment found in your WWP small group leader workbook

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