

Discovering Our Dignity

Leaders' Guide



walking with purpose

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(Refer to WWP small group workbook for icebreaker suggestions and review honor code before opening in prayer)

INTRODUCTION

Leader ASK "Do you ever feel tempted to hide? Have you faced feelings of shame and inadequacy? We'll look at what we can learn from Eve through the spiritual truths written in the book of Genesis."

Leader ASK Volunteer to read the second to last paragraph of the introduction.

DAY ONE DIGNITY

Leader ASK Q1 & Q2 quickly, noting that the answer key in back of study guide offers additional insights

Group SHARE Q3 & Q4

Leader ASK Q5

Leader ASK Volunteer to read paragraph following Q5 regarding the meaning of the word *helper*

Leader ASK For reflections on QYH section.

DAY TWO TEMPTATION

Group SHARE Q1; Leader NOTE additional insights from answer key

Leader ASK Volunteer to read paragraph following Q1

Leader Ask Q2, Q3

Leader READ Paragraph at Q4 and ask question at end

Leader NOTE "The enemy wants us to doubt that God is enough and all that we need. Let's learn from Eve's mistakes."

Group SHARE Spend some time reflecting on Eve's four mistakes.

Leader NOTE Practical help in QYH; invite women to reflect on during their personal prayer time.

DAY THREE CONTENTMENT

Leader ASK Q1, Q2 & Q3 quickly

Leader ASK Volunteer to read the paragraph before Q4

Leader ASK Q4 A, B & C

Leader ASK "What stood out in the 3 paragraphs following Q4?" (point to themes of deception, dignity & gratitude)

DAY FOUR HIDING

Leader ASK Q1 & 2 (quickly), Q3

Group SHARE Discussion of paragraphs following Q3 about guilt, shame and dignity.

Leader ASK from Q4, "What do these verses reveal about our safe place to hide?"

Leader ASK Paragraph following Q4 that begins, "Because our lives are hidden in Christ..."

Leader ASK For reflections on QYH section. Consider incorporating into closing prayer for the session.

DAY FIVE THE CONSEQUENCES

Leader ASK Q1, Q2, Q3, Q4, Q5

Leader ASK Volunteer to read paragraph following Q5

Leader ASK Q6 (factual) & Q7, noting paragraph that follows and QYH regarding the legacy we leave behind

CONCLUSION

Leader ASK "What stood out to you from the Conclusion?"

VERSE STUDY Genesis 1:27 walk participants through steps and refer them to the appendix for instructions.

RESOLUTIONS & PRAYER REQUESTS

Leader NOTE Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to. Consider closing in prayer with Day 4 QYH, inviting women to share aloud some of the blessings for which they're thankful.

After lesson, review self-assessment found in your WWP small group leader workbook



(Refer to WWP small group workbook for icebreaker suggestions and review honor code before opening in prayer)

INTRODUCTION

Leader NOTE "We'll see what we can learn from Sarah's life about suffering, loving, enduring and maturing."

Leader ASK "What insights did you glean from the quote from Pope Benedict XVI?"

DAY ONE THE LEAVING

Leader ASK Q1 (quickly), Q2 & Q3

Group SHARE Q4 (A & B quickly) Q4 C, Q5 (personal but be open to possibility that someone may want to share

Leader ASK For reflections on paragraph following Q5 and QYH section. "What stood out to you?"

DAY TWO THE WAIT

Leader ASK Q1 A & B, Q2 (quickly, all factual)

Group SHARE Highlights from paragraph following Q2, then Q3, Q4 & Q5

Leader ASK Volunteer to read paragraphs that follow Q 5

Leader ASK Q6 (personal but someone may have an experience she wants to share briefly)

Leader READ Paragraph following Q6 and encourage women to underline their favorite verse from QYH in their bible

DAY THREE THE GOD WHO SEES

Leader ASK Q1 & Q2

Leader ASK Q3 A & B (quickly), Q4

Group SHARE The name for God translated as *El Roi* in the paragraphs that follow Q4 & the difference He makes

Leader READ The last two lines in QYH, beginning with, "I claim your promise made in Romans 8:28..."

DAY FOUR THE COVENANT

Leader ASK Volunteer to read the introduction at Day Four

Leader ASK Q1 A, B & C

Leader ASK Volunteer to read paragraph following Q1

Leader ASK Q2 A, B, C & D (factual), quickly

Volunteer ASK Q3 & Q4

Group SHARE Q5

Leader READ QYH aloud, inviting participants to underline those phrases that speak to them personally.

DAY FIVE THE LEGACY

Leader ASK Q1 (quickly) then READ the last few lines of the paragraph that follows

Leader ASK Volunteers read aloud the scripture verses in Q2 from their Bibles

Leader ASK Q3

Group SHARE Q4

Leader Ask Q5, then ASK, "What stood out from the QYH?"

CONCLUSION

Leader ASK Volunteer to summarize the Conclusion, highlighting any insights

VERSE STUDY Invite women to work on verse study on over a weekend day.

RESOLUTIONS & PRAYER REQUESTS

Resolutions provide the opportunity to apply what we have learned to our daily lives.

Tell participants that after your next session, you will have a Connect Coffee; a perfect opportunity to invite a friend to meet new women, watch an inspiring video and join in an inviting discussion! After the session, send an email invite/reminder.

After lesson, review self-assessment found in your WWP small group leader workbook



INTRODUCTION

Leader NOTE "We'll look at Rebekah's life choices and learn how God's plan is not thwarted by our mistakes either."
Leader ASK Volunteer to READ the third and fourth paragraphs of the introduction.

DAY ONE A WORTHY WOMAN

Leader ASK Q1
Group SHARE Q2
Leader ASK Q3
Group SHARE Q4
Leader ASK Q5 & Q6
Leader NOTE Ask participants to NOTE 1 Samuel 16:7 found in QYH

DAY TWO PREPARING THE BRIDE

Leader ASK Q1 & Q2 A, B, C & D and Q3, referring to the answer key in the study guide for additional insights
Group SHARE Q4
Leader Ask "What insights would you like to share from the QYH?"

DAY THREE UNEXPECTED ANSWERS

Leader ASK Q1, Q2 & Q3
Leader ASK Q4 A (personal) Would anyone like to share?
Leader ASK Volunteers read Scripture verses aloud from Q4 B while others follow along in their Bibles
Leader ASK "Can anyone relate to the story and questions in Q5?" Allow extra time for sharing

DAY FOUR INSTANT GRATIFICATION

Leader ASK Q1
Group SHARE Q2: Have women share aloud what they learned about Esau and Jacob, Q3 & Q4
Leader ASK Q5 & Q6 (be prepared to share your response to Q6 if no one else does)
Leader ASK "What are your thoughts about *The First Principle and Foundation* in QYH?"

DAY FIVE BLESSING AT ANY COST

Volunteer ASK Q1
Leader ASK Q2 (and be prepared to share you answer if no one else does)
Leader ASK Q3
Group SHARE Q4
Leader Ask Q5
Leader ASK "What stood out in the paragraph following Q5?"
Leader ASK Volunteer to read quote from Mother Mary Francis, PCC in QYH

CONCLUSION

Leader ASK "What stood out from the Conclusion (especially regarding humility and redemption)?"

VERSE STUDY Spend some time discussing personal application of Philippians 4:8

RESOLUTIONS & PRAYER REQUESTS

Resolutions provide the opportunity to apply what we have learned to our daily lives. Direct participants to select a resolution or create their own to commit to.

Share that the next session is a Connect Coffee; a perfect opportunity to invite a friend to meet new women over coffee, watch an inspiring video and join in an inviting discussion!

After lesson, review self-assessment found in your WWP small group leader workbook

INTRODUCTION

Leader NOTE "We'll see today what God can teach us through Leah and Rachel's heartaches and desires."

DAY ONE LOVE AT FIRST SIGHT

Leader ASK Q1 & Q2 (factual), quickly

Group SHARE Thoughts from Leon Kass' insights regarding Jacob and Rachel's first encounter

Leader ASK Q3

Group SHARE Q3 & Q4

Leader ASK Q5

Leader ASK For reflections on QYH section.

DAY TWO THE DECEIVER IS DECEIVED

Group SHARE Q1 A & B, and Q2

Leader READ Paragraph above Q3 then ASK Q3

Leader ASK Q4

Group SHARE Q5

Leader READ Paragraph following Q5; ask participants to highlight impactful phrases

Leader ASK Volunteer to read the last two lines in QYH, beginning with, "Ask God to give you..."

DAY THREE DESPERATE MEASURES

Leader ASK Q1, Q2 & Q3

Leader ASK Q4, Q5 & Q6

Leader NOTE Point out the scripture verses in QYH to pray with as you reflect on any cross you carry

DAY FOUR FLEEING IN SECRET

Leader ASK Volunteer to read paragraph at start of Day Four

Leader ASK Q1

Group SHARE Q2

Leader READ From the middle of the second paragraph following Q2, beginning with, "When discontentment and jealousy..."

Leader ASK Q3 & Q4, (Q5 if anyone wants to share her personal story; if not, move on), and Q6

Leader READ QYH aloud, inviting participants to underline those phrases that speak to them personally.

DAY FIVE A COVENANT AND A NEW BEGINNING

Leader ASK Q1, Q2, Q3, Q4 (moving through rather quickly)

Leader ASK Volunteer to read and answer Q5

Leader READ Q6 and ASK group to share; be prepared to respond if participants are hesitant to share

Leader ASK "What stood out to you from QYH (e.g. reconciliation, new beginnings, scripture verses)?"

Leader NOTE Share an examination of conscience (www.usccb.org features a great guide)

CONCLUSION

Leader READ Paragraphs three and six and ask if any other passages held special meaning

VERSE STUDY If time permit, discuss Genesis 31:42 and share personal applications

RESOLUTIONS & PRAYER REQUESTS

Leader NOTE Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to.

After lesson, review self-assessment found in your WWP small group leader workbook



INTRODUCTION

Leader NOTE Summarize the introduction

Leader ASK Volunteer to read last paragraph of introduction aloud

DAY ONE A SPLIT-SECOND DECISION

Leader ASK Q1 & Q2 (skip paragraphs at Q3, ASK if anyone wants to share answers to two Q's at end ; if not move on)

Group SHARE Q4

Leader READ Paragraph following Q4 then ASK for insights on Q4 A, B & C. Encourage women to mark these verses in Their Bibles to refer to when confronted by a difficult decision

Leader ASK "What stood out to you from QYH?"

DAY TWO PREPARING TO CROSS

Leader ASK Q1, Q2 A & B, Q3, Q4, Q5 A; remind participants that the answer key provides additional insights

Group SHARE Q5 B

Leader ASK Volunteer to read first paragraph of QYH

DAY THREE STONES OF REMEMBRANCE

Leader ASK Q1 A, B & C and Q 2

Leader ASK "What stood out from the 'Stones of Remembrance' lesson by Todd Phillips?" ASK Q at end of Q3

Leader NOTE Be sure to point out the last sentence if not addressed: "We are to be stones of remembrance- seeking..." and be prepared to share your thoughts on Q5

Leader READ Second line from QYH: "We, too, are given responsibility to pass on the baton of faith..."

DAY FOUR STRENGTH IN WEAKNESS

Leader ASK Q1, Q2, Q3

Group SHARE Q4

Leader ASK Q5 A & B

Leader ASK Volunteer to read QYH aloud, inviting participants to underline most impactful text

DAY FIVE THE RESCUE

Group SHARE Q1 & Q2, allowing extra time for discussion

Leader ASK Q3, Q4, Q5, quickly

Leader ASK "What stood out from the QYH section?"

Leader NOTE Consider incorporating quote from St. Therese of Lisieux in QYH into closing prayer

CONCLUSION

Leader READ First two paragraphs of Conclusion

Leader ASK Volunteer to read last four paragraphs of Conclusion

VERSE STUDY

Leader NOTE Time will most likely not permit review of the verse study this week. Remind participants that instructions on how to do a verse study are in the back of the study guide

RESOLUTIONS & PRAYER REQUESTS

Leader NOTE Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to this week. Incorporate Quote from St. Therese in QYH, Day 5 into closing prayer for this session.

After lesson, review self-assessment found in your WWP small group leader workbook

INTRODUCTION

Leader NOTE Summarize the Introduction or ask a volunteer to summarize. READ the last paragraph.

DAY ONE PARTIAL OBEDIENCE

Leader NOTE Remind participants that the answer key is a great resource for additional insights and information.

Leader ASK Q1, Q2, Q3 (factual), quickly

Leader ASK Question at end of Q4 (personal); be prepared to share if participants are hesitant to speak up.

Leader ASK Volunteer to read paragraph following Q4

Leader ASK For reflections on QYH section. "What was the most meaningful message to you?"

DAY TWO GIFTED TO SERVE

Leader ASK Q1

Leader READ Description of prophecy and definition of charism from paragraphs following Q1

Leader ASK Q2, Q3, Q4 & Q5 (factual), quickly, then READ paragraph following Q5

Group SHARE Q6, allow extra time for deeper discussion

Leader ASK Volunteer to read aloud first paragraph of QYH

DAY THREE THE BATTLE IS THE LORD'S

Leader ASK Volunteer to read paragraph before Q1

Leader ASK Q1, Q2, Q3 A & B (factual), quickly

Leader ASK Participants call to mind their answer to Q4 (personal) and then look at the verses together

Leader ASK Volunteer to read Job 42:2 aloud, ASK two others to read Jeremiah 32:7 and John 14:13 aloud

"How can these verses help us in the battles we face?"

Leader ASK "What stood out to you from the QYH?"

DAY FOUR SELF-LEADERSHIP

Leader ASK Q1

Leader NOTE Summarize paragraphs following Q1, note humility & self-leadership as keys to positively affecting others

Leader ASK For volunteers to share insights from the four scripture verses in Q2

Leader ASK Volunteer to read QYH aloud, inviting participants to underline those phrases that speak to them personally.

DAY FIVE SPIRITUAL MOTHERHOOD

Leader ASK Q1A & B, & Q2

Leader READ All of the paragraphs following Q2 regarding Spiritual Motherhood

Group SHARE Q3 & Q4

Leader ASK Volunteer to read paragraph at Q5, then ASK question at end

Leader ASK "What stood out to you from the QYH section?"

CONCLUSION

Leader NOTE Summarize the the story of Mary Slessor, noting where her courage and strength came from

Leader ASK Volunteer to read aloud the last paragraph of the Conclusion.

VERSE STUDY Invite participants to share insights from personal application of Romans 8:37

RESOLUTIONS & PRAYER REQUESTS

Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to this week.

Tell participants that after your next session, you will have a Connect Coffee; a perfect opportunity to invite a friend to meet new women, watch an inspiring video and join in an inviting discussion! After the session, send an email invite/reminder.

After lesson, review self-assessment found in your WWP small group leader workbook



INTRODUCTION

Leader NOTE "We'll look at the book of Ruth to learn lessons about a woman's worth."

Leader READ Third paragraph of introduction to end.

DAY ONE LEANNESS AND LOSS

Leader ASK Q1 A & B (factual), quickly, reminding participants of additional insights that can be found in answer key

Leader ASK Volunteer to read aloud two paragraphs that follow Q1

Leader ASK "What do we learn about Moab from the verses in Q2?"

Leader ASK Q3

Group SHARE Q4 & Q5

Leader ASK Volunteer to read paragraph following Q5

Leader ASK For reflections on QYH section; "What stood out to you?"

DAY TWO EMPTY YET LOYAL

Group SHARE Q1 & Q2; be prepared to share own response if participants are hesitant about sharing

Leader ASK Q3 and Q4

Leader ASK Volunteer to read and respond to Q5

Leader NOTE Encourage participants to reflect upon the QYH during their personal prayer time this week.

DAY THREE PROVIDENCE AND PROVISION

Leader ASK Q1, Q2 A & B (factual), quickly

Group SHARE Q2C

Leader ASK What stood out from the paragraph following Q2? ASK Q3 & Q4

Group SHARE Q5 (read entire paragraph at Q5)

Leader NOTE Point out Ruth 2:12 and Psalm 57:1 in QYH, then ASK, "What else stood out to you?"

DAY FOUR TRUSTING YET ACTIVE

Volunteer ASK Q1

Leader ASK What stood out from the two paragraphs following Q1?

Leader ASK Q2 A, B, & C

Group SHARE Q2D; be prepared to share own example and allow extra time for all to contribute if desired

Leader ASK What stood out from the paragraphs that follow Q2? Then ASK: Q3 & Q4

Leader ASK "Which promise(s) of God from QYH do you most rely on at this time in your life?"

DAY FIVE BLESSING AND PURPOSE

Leader ASK Q1, Q2 & Q3 (factual), quickly

Leader ASK Volunteer to read paragraphs at Q4 then ASK Q4

Leader READ Paragraph at Q5, omitting prayer

Leader NOTE Incorporate prayer in QYH into closing prayer for this session.

CONCLUSION

Leader ASK "What stood out to you from this lesson on Ruth?"

VERSE STUDY If time permits, share insights from Ruth 1: 16-17

RESOLUTIONS & PRAYER REQUESTS

Incorporate prayer from Day 5 QYH into closing prayer for the session.

Share that the next session is a Connect Coffee; a perfect opportunity to welcome a friend, watch an inspiring video and join in an inviting discussion!

After lesson, review self-assessment found in your WWP small group leader workbook



INTRODUCTION

- Leader NOTE Summarize the introduction to set the stage for Abigail's story
Leader ASK "What stood out to you from the last paragraph in the Introduction?"

DAY ONE MISMATCHED MARRIAGE

- Leader ASK Q1, Q2 (factual) quickly, reminding participants that additional insights can be found in answer key
Leader ASK Volunteer to read cited verses and Catechism and respond to Q3 A
Group SHARE Q3B, be prepared to share your own response to encourage others to share
Leader ASK Q4
Leader ASK For reflection on paragraphs following Q4, allowing extra time for deeper discussion
Leader ASK Volunteer to read QYH

DAY TWO WISDOM IN ACTION

- Leader ASK Q1, Q2, Q3 (factual), quickly
Group SHARE Insights from verses in Q4, allow extra time for discussion
Leader NOTE Encourage participants to reflect on QYH during their personal prayer time this week.

DAY THREE CAREFUL WORDS

- Leader ASK Q1, Q2, & Q3 (factual), quickly
Leader ASK Group to share insights from paragraphs that follow Q3
Leader NOTE Q4 is personal and for reflection only
Leader ASK Q5A
Group SHARE Q5B
Leader ASK Encourage participants to reflect on QYH during their personal prayer time this week.

DAY FOUR JUSTICE AND MERCY

- Group SHARE Q1
Leader ASK Q2 & Q3
Leader ASK From Q4: "What does forgiveness NOT mean?"
Group SHARE Q at end of Q4, and Q5, allowing extra time for deeper conversation
Leader ASK "What message from QYH spoke to you this week?"

DAY FIVE FAITH AND HUMILITY

- Leader ASK Q1
Leader ASK Volunteer to read paragraph at Q2 and ASK Q2
Group SHARE Q3
Leader ASK Q4 & Q5
Leader ASK Volunteer to read QYH

CONCLUSION

- Leader ASK Volunteers to read alternate paragraphs of the Conclusion

VERSE STUDY If time permits, share personal application from study of Colossians 3: 12-13

RESOLUTIONS & PRAYER REQUESTS

Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to for the week.

After lesson, review self-assessment found in your WWP small group leader workbook



INTRODUCTION

Leader ASK "What stood out to you from the Introduction?"

DAY ONE SMALL COMPROMISES LEAD TO BIG MISTAKES

Leader ASK Q1 A

Group SHARE Q1 B

Leader ASK Q2, and ask for participants to share insights on the paragraph that follows Q2

Group SHARE Q3, be prepared to share your own response to encourage others to share

Leader ASK For insights on the paragraph that follows Q3, then ask Q4

Leader ASK Volunteer to read QYH

DAY TWO A STORY MEANT TO PIERCE THE HEART

Leader READ The paragraph before Q1

Leader ASK Q1

Leader ASK Volunteer to read paragraph following Q1

Leader ASK Q2 A & B

Group SHARE Q3, be prepared to share an example if participants are hesitant to offer

Leader ASK Q4

Leader NOTE Point out Psalm 51 in QYH can be used to pray for "forgiveness, restoration & the return of joy."

DAY THREE IRREVERSIBLE CONSEQUENCES

Leader ASK Q1 & Q2, referencing CCC 1434

Group SHARE Q2 B and insights from paragraphs following Q2 B

Leader ASK Q3 A

Group SHARE Q3 B and insights from the paragraph that follows

Leader ASK Q4

Leader ASK "What message from QYH spoke to you?"

DAY FOUR PASSING THE CROWN AND THE BATON OF FAITH

Leader READ Opening paragraph

Leader ASK Q1 & Q2, reminding participants that the answer key contains additional insights

Leader READ Last line in paragraph following Q2 beginning, "Unquestionably, David's decision not to 'rock the boat'..."

Leader ASK Q3 & Q4

Group SHARE Insights from paragraph before Q5, responses to Q5, and response to paragraph that follows

Leader NOTE Prayer found in QYH is one we can pray over children. Suggest that participants visit the WWP website, www.walkingwithpurpose.com and find prayers for children under "Free Printables.")

DAY FIVE THE QUEEN MOTHER

Leader ASK Q1, ask for insights on paragraph that follows, then ask Q2 A & B, Q3, Q4 & Q5

Leader ASK Volunteer to read QYH

CONCLUSION

Leader ASK Volunteers to share what stood out to them from the Conclusion, READ last paragraph

VERSE STUDY If time permits, share personal application from study of Proverbs 4:23

RESOLUTIONS & PRAYER REQUESTS

Encourage participants to select a resolution or create their own to commit to for the week.

SPECIAL NOTE: Lesson 13, Tamar, touches on the very sensitive topic of rape. Advise participants of this topic, reminding them of the Lord's promise of healing and redemption. Pray for each participant in a special way this week.

After lesson, review self-assessment found in your WWP small group leader workbook



INTRODUCTION

Leader NOTE This lesson may be difficult for some participants to discuss, be sensitive to group discussion and be flexible about converting to personal reflection instead if participants are hesitant to share.

Leader READ The last paragraph of the Introduction

DAY ONE THE BATTLE STARTS IN THE MIND

Leader ASK Volunteer to read aloud passage with "fill in the blanks" from Q1

Leader ASK Q2 & Q3 A

Group SHARE Q3 B

Leader NOTE From paragraph that follows Q3 B, that children learn by imitation

Group SHARE Q4 and be prepared to answer to encourage discussion

Leader ASK Volunteers read scripture verses aloud from Q5 and share insights

Leader ASK Volunteer to read QYH

DAY TWO THE POWER OF INFLUENCE

Leader ASK Volunteer to read Q1, then ASK for insights on friendship from verses in Q1

Leader ASK Volunteer to read the third paragraph following Q1

Leader NOTE Q2 is for personal reflection only, not to be shared

Group SHARE Q3

Leader ASK Volunteers to share insights on temptation from the St. Francis de Sales passage in QYH

DAY THREE AN ATTACK ON DIGNITY

Leader READ paragraph at beginning of Day Three

Group SHARE Q1

Leader ASK Volunteer to read paragraph that follows Q1

Leader ASK Q2, Q3, Q4 & Q5

Leader ASK Volunteers to read alternate paragraphs of QYH

DAY FOUR THE CHOICE: REVENGE OR FORGIVENESS

Leader ASK Q1

Group SHARE Q2

Leader ASK Q3 & Q4, referencing Catechism Clips

Group SHARE Insights on paragraphs that follow Q4

Leader ASK "What message from QYH spoke to you?"

DAY FIVE THE FINAL COST

Leader ASK Q1, Q2, Q3, Q4

Leader ASK Volunteer to read paragraph at Q5

Leader ASK Q5 A & B

Leader ASK "Do you believe we can trade our sorrows and shame for God's mercy and grace? How can we do this?"

CONCLUSION

Leader ASK Volunteers to read alternate paragraphs of the Conclusion

VERSE STUDY If time permits, share personal application from study of Isaiah 61:3

RESOLUTIONS & PRAYER REQUESTS

Encourage participants to select a resolution or create their own to commit to for the week.

Remind participants that next session is a Connect Coffee; a perfect opportunity to invite a friend!

After lesson, review self-assessment found in your WWP small group leader workbook

INTRODUCTION

Leader READ Third and fifth paragraphs of Introduction

DAY ONE NO LONGER AN ORPHAN

GROUP SHARE Q1 A & B, allowing extra time for deeper discussion

Leader ASK Q2 & Q3, then ASK volunteer to read paragraph that follows Q3

Leader ASK Q4 & Q5, reminding participants of answer key for further insights,

Leader NOTE Consider using QYH for closing prayer at end of session

DAY TWO WINNING THE FAVOR OF ALL

Leader ASK Q1

Group SHARE Q2

Leader ASK "Would anyone like to share a practical way to display one of these qualities (Q3)?"

Group SHARE Q4 A & B

Leader ASK "What stood out to you from QYH?"

DAY THREE HAMAN'S HATRED

Leader ASK Q1, Q2, then ASK volunteer to read paragraph following Q2

Leader ASK Q3 & Q4

Group SHARE Q5

Leader NOTE Encourage participants to reflect on QYH insights during their personal prayer time this week.

DAY FOUR WHEN GOD SEEMS SILENT

Leader ASK Questions at Q1 one at a time

Leader ASK Volunteer to read paragraph following Q1

Leader ASK Q2, then READ paragraph following Q2 and second paragraph at Q3

Leader ASK Questions at end of Q3

Leader ASK Volunteer to read paragraph at Q4; ask women to underline any impactful phrases

Group SHARE Q4 and Q5

Leader ASK "What message from QYH spoke to you?"

DAY FIVE HIS ARM IS NOT TOO SHORT TO SAVE THEM

Leader READ quote from Pope Francis

Leader ASK Q1, then ask volunteer to read paragraph following Q1

Leader ASK Q2, then ASK, "What stood out from the paragraphs following Q2?"

Leader ASK Q3 A, then ASK a volunteer to read paragraph following Q3 A

Leader ASK Q3 B, then READ paragraph following Q3 B

Group SHARE Insights from paragraph and question at Q4

Leader ASK Volunteer to read paragraph that follows Q4, and ASK Q5

Leader NOTE Encourage participants to reflect on God's character and goodness during prayer time

CONCLUSION

Leader ASK Volunteers to share main points from Conclusion

VERSE STUDY If time permits, share personal application from study of Deuteronomy 4:29

RESOLUTIONS & PRAYER REQUESTS

Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to for the week. Incorporate Day 1 QYH into closing prayer.

After lesson, review self-assessment found in your WWP small group leader workbook



INTRODUCTION

- Leader ASK "Who needs a Mother? (We all do). What other points stood out to you from the Introduction? "
- Leader ASK Volunteer to read the last two paragraphs

DAY ONE MARY, EVER VIRGIN

- Leader ASK Q1, Q2 & Q3 (Read CCC 503 and John 3:16 aloud)
- Leader ASK What stood out from the paragraphs that follow Q3? Allow time for group discussion.
- Group SHARE Q4, allowing time to reference John 1:13 and CCC 505
- Group SHARE Leader read and ask Q5, be prepared to share your own response to encourage others to share
- Leader NOTE Encourage participants to reflect on QYH during their personal prayer time this week.

DAY TWO MARY, THE ARK OF THE NEW COVENANT

- Leader ASK Q1, then READ paragraph following Q1
- Leader ASK Q2, Q3, & Q4 then READ paragraph following Q4
- Group SHARE Q5, and insights that come from the connections that follow Q5
- Leader ASK Volunteers to read alternate paragraphs of QYH

DAY THREE MARY, THE QUEEN OF HEAVEN

- Leader ASK Q1 & Q2
- Leader NOTE Briefly review the concept of *gebirah*
- Leader ASK Q3, Q4, then ASK Volunteer to read paragraph following Q4
- Leader ASK Q5
- Leader ASK Volunteer to read QYH

DAY FOUR MARY, OUR ADVOCATE

- Leader ASK Q1
- Group SHARE Q2
- Leader ASK Q3 and ASK Volunteer to read paragraph that follows Q3
- Group SHARE Q4, allowing extra time for discussion
- Leader ASK Q5, then READ paragraph that follows and QYH section

DAY FIVE MARY, OUR MOTHER

- Leader ASK Volunteer to read opening quote and paragraph
- Leader ASK Q1 and remind participants additional information can be found in the answer key; Q2
- Leader ASK Volunteer to read paragraph following Q2
- Leader ASK Q3, then Read paragraph following Q3
- Leader ASK Volunteer to read Q4 and ask questions at end
- Group SHARE Q5 and insights from paragraph that follows Q5
- Leader ASK Volunteer to read QYH

CONCLUSION

- Leader ASK Volunteers to read alternate paragraphs of Conclusion

VERSE STUDY If time permits, share personal application from study of Luke 1: 41-42

RESOLUTIONS & PRAYER REQUESTS

Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to for the week.

Tell participants that after your next session, you will have a Connect Coffee; a perfect opportunity to invite a friend to meet new women, watch an inspiring video and join in an inspiring discussion! Send an email invite/reminder later this week..

After lesson, review self-assessment found in your WWP small group leader workbook



INTRODUCTION

Leader ASK Volunteer to summarize the introduction and then read last paragraph
Leader NOTE This lesson offers many opportunities for deep discussion. If group discussions are insightful, skip over supplemental text such as Quiet Your Heart (QYH), directing participants to revisit on their own.

DAY ONE REMARKABLE GENEROSITY

Leader READ Mark 12:41-44, then ASK Q1
Leader ASK Volunteer to read Q2 and then respond, sharing further insights from the answer key
Group SHARE Q3 and Q4, reminding participants of honor code if comparison or judgment emerge
Leader ASK Q5
Leader NOTE Consider incorporating QYH prayer into closing prayer for the session.

DAY TWO RADICAL DEPENDENCE

Leader ASK Q1
Leader NOTE Q2 is a personal question, not to be shared
Leader ASK Volunteer to respond to first 2 questions at Q3, then group discussion of third question
Group SHARE Q4
Group SHARE Q5
Leader ASK Volunteer to read QYH

DAY THREE REFRESHING DETACHMENT

Leader ASK Q1
Group SHARE Q2 and Q3
Leader NOTE Q4 is for personal reflection, not to share
Leader ASK Volunteer to read QYH

DAY FOUR RARE FOCUS

Leader ASK Q1
Group SHARE Q2, be prepared to share if participants are hesitant to respond
Leader NOTE Q3 is for personal reflection, not to be shared
Group SHARE Q4, allowing extra time for deeper discussion
Leader NOTE Q5
Leader NOTE Encourage participants to reflect on QYH during their personal prayer time this week.

DAY FIVE REAL LIFE

Leader ASK Q1 and Q2
Group SHARE Q3 and Q4, allowing extra time for deeper discussion
Leader NOTE Depending on the dynamics of the group, this question could either be open for group sharing Or personal reflection. If no one responds, then simply move on to the QYH
Leader READ QYH

CONCLUSION

Leader ASK Direct participants to review Conclusion during their personal prayer time this week.

VERSE STUDY If time permits, share personal application from study of Luke 6:38

RESOLUTIONS & PRAYER REQUESTS

Consider committing as a group to one of the suggested resolutions. Include QYH Day 1 prayer in closing prayer.

Share with participants that so many women can relate to next week's Connect Coffee topic, *Martha - Does What I Do Matter?* Challenge them to personally invite two friends to attend.

After lesson, review self-assessment found in your WWP small group leader workbook



INTRODUCTION

- Leader NOTE Pairing participants for some discussion questions in the lesson is recommended to allow participants to share insights in a more personal way
- Leader ASK Volunteers to read alternate paragraphs of the Introduction

DAY ONE IDENTITY

- Leader ASK Q1A, Q2, then ASK volunteer to read aloud paragraphs that follow
- Leader NOTE Partner participants to discuss Q3, noting cited verses
- Leader NOTE Q4 is for personal reflection, not to share
- Leader NOTE Consider incorporating the QYH prayer into the closing prayer for this session

DAY TWO WORRY

- Leader ASK Volunteer to read paragraphs before Q1
- Group SHARE Q1A and Q1B, be prepared to offer your own description if participants are hesitant to share
- Leader NOTE Q2 is for personal reflection, not to be shared
- Leader ASK Q3, then READ paragraphs that follow
- Leader ASK Volunteer to read Q4, Matthew 11:28-30, respond and then read paragraph that follows
- Leader ASK Volunteers to read alternate paragraphs at Q5, then READ Q for personal reflection, not to share
- Leader NOTE Invite participants to review the QYH during their personal prayer time

DAY THREE TEACHABILITY

- Leader READ Paragraphs above Q1
- Leader ASK Volunteer to read Q1, respond and then read paragraphs that follow
- Leader ASK Q2, Q3, then READ paragraph that follows
- Leader NOTE Q4 is for personal contemplation. READ aloud and allow for a few minutes of silent reflection.
- Leader READ Last paragraph of QYH

DAY FOUR FREEDOM

- Leader ASK Q1, Q2, Q3
- Leader ASK Volunteers to read alternate paragraphs at Q4
- Leader NOTE Q4 can be opened up for group discussion or silent reflection, consider dynamics of group
- Leader NOTE Encourage participants to review "Conversion of Heart" found in the appendix
- Leader NOTE Invite participants to reflect upon the QYH message during personal prayer time this week

DAY FIVE WORK

- Leader ASK Q1, then READ paragraphs that follow
- Leader ASK Q2
- Group SHARE Q3
- Leader NOTE Partner participants to discuss how the cited teaching in Q4 can be lived out day-to-day.
- Group SHARE Q5, be prepared to share if participants are hesitant to respond
- Leader NOTE Invite participants to re-read QYH during their prayer time

CONCLUSION Ask two volunteers to read paragraphs 4-7 of the Conclusion.

VERSE STUDY If time permits, invite participants to share personal application of Colossians 3:23

RESOLUTIONS & PRAYER REQUESTS

Encourage participants to select a resolution or create their own. Incorporate Day 1 QYH into closing prayer.

Review self-assessment found in your WWP small group leader workbook

INTRODUCTION

Leader ASK Volunteers to read alternate paragraphs of Introduction

DAY ONE HE INVITES US TO SIT DOWN

Leader ASK Q1(factual), quickly

Leader ASK Volunteer to read text at Q2, cited verses and respond

Group SHARE Q3, allowing extra time for discussion

Leader ASK Volunteer to read text at Q4, cited verses and then respond

Leader NOTE Share story of John Nelson Hyde and encourage participants to make prayer committed as noted

Leader READ Q5 for personal reflection, not for sharing.

Leader ASK Volunteer to read QYH

DAY TWO HE DOESN'T ALWAYS SHOW UP THE WAY WE THINK HE SHOULD

Leader ASK Q1, Q2, Q3 (factual), quickly

Leader ASK Volunteers to read alternate paragraphs at Q4, not including prayer at end

Group SHARE Q5, be prepared to share first if others are reluctant to respond

Leader NOTE Invite participants to review the QYH during their personal prayer time

DAY THREE GUARDING THE WEAK SPOTS

Leader ASK Volunteer to summarize introduction to Day 3, be prepared to do if no one offers

Leader ASK Q1

Leader READ Q2 for reflection, not to be shared

Leader ASK Volunteers to read, "How to Guard the Weak Spots," at Q3, citing verses and read accompanying text

Leader ASK Q4 for group to share or for personal reflection, depending on group dynamics

Leader NOTE Consider incorporating prayers at QYH into closing prayer for the session

DAY FOUR BROKEN AT HIS FEET

Leader ASK Q1A, Q1B, Q1C

Leader ASK Volunteer to read Q2, John 12:3, and then respond

Leader ASK Q3

Leader ASK Volunteers to read alternate paragraphs at Q4

Leader NOTE Q5 is for personal reflection, do not share

Leader NOTE Invite participants to re-read the QYH during their personal prayer time

DAY FIVE BESTOWING DIGNITY

Leader ASK Q1, Q2

Leader ASK Volunteers to read alternate paragraphs at Q3

Leader READ Q4 for reflection, not to be shared

Leader NOTE Encourage participants to revisit QYH message about our dignity as daughters of God

CONCLUSION Ask volunteer to read paragraphs 1 - 3 or summarize, then READ last paragraph

VERSE STUDY If time permits, invite participants to share personal application of 2 Corinthians 3:18

RESOLUTIONS & PRAYER REQUESTS

Encourage participants to select a resolution or create their own. Incorporate Day 3 QYH prayer into closing prayer.

Next session will be a Connect Coffee talk and last meeting for DOD. Encourage participants to invite a friend to attend.

Review self-assessment found in your WWP small group leader workbook



INTRODUCTION

Leader NOTE "This week, we will return to the topics of dignity, temptation, contentment, hiding and consequences that we looked at through Eve in lesson 2. For our last lesson, we will view them through the life of Mary."

DAY ONE DIGNITY

Leader ASK Q1 and Q2

Leader ASK Q3, refer to the answer key for additional insights to share

Leader ASK Q4

Leader ASK Ask volunteer to read Q5, Eph 1:3-5 and note phrases that refer to our dignity as God's daughters

Leader NOTE Invite participants to reflect upon the QYH message during their prayer time this week.

DAY TWO TEMPTATION

Leader READ Text at Q1, open up to multiple responses

Leader ASK Q2

Leader ASK Q3A, Q3B

Leader ASK Q4, refer to the answer key for additional insights to share

Leader NOTE Invite participants to write out cited verse on index cards from Q5

Leader READ QYH

DAY THREE CONTENTMENT

Leader READ Text about Q1

Group SHARE Q1, see the answer key for further insights to share with group

Leader ASK Volunteer to read Luke 1:46-55 and then share key phrases from the Magnificat as noted in Q2

Leader NOTE Q3 and Q4 are for personal reflection, not to be shared

Leader NOTE Consider partnering participants for Q5 discussion or personal reflection, not group sharing

Leader NOTE Encourage participants to reflect on QYH during their personal prayer time

DAY FOUR HIDING

Leader ASK Q1 and Q2 (factual), quickly

Leader ASK Volunteer to read Q3, Hebrews 10:35-36 and share insights

Leader READ Paragraphs 3 - 5 above Q4, then move on to read paragraphs that follow, not to share responses

Leader NOTE Invite participants to reflect upon the QYH message during personal prayer time this week

DAY FIVE THE CONSEQUENCES

Leader ASK Q1, Q2 and Q3 (factual), quickly

Leader ASK Volunteer to read Q4, CCC 968, then respond

Leader NOTE Encourage participants to incorporate prayer to Mary in QYH during their personal prayer time

CONCLUSION Ask two volunteers to read alternate paragraphs of the Conclusion

VERSE STUDY If time permits, invite participants to share personal application of Galatians 2:20

RESOLUTIONS & PRAYER REQUESTS

Encourage participants to select a resolution or create their own to commit to.

Next session will be a Connect Coffee talk and the last DOD meeting. Encourage participants to bring a friend.

Review self-assessment found in your WWP small group leader workbook