

SEASON 3



Truth with Handles

the conversation

REFLECTION GUIDE

Episode 7: Spiritual Warfare



walking with purpose

Episode 7: Spiritual Warfare

Spiritual warfare, demons, the devil, and hell are only popular to talk about when it comes to entertainment. Even in the Christian world, we don't like talking about these things. We tend to be afraid of them and unsure of what to do with them. First, we have to recognize that they are real. Then we have to realize the devil hates us; he wants to agitate us and take us away from our God-given purpose. It is essential for us to recognize his tactics and what he is doing.

Key Verse: "Put on the whole armor of God, that you may be able to stand against the wiles of the devil. For we are not contending against flesh and blood, but against the principalities, against the powers, against the world rulers of this present darkness, against the spiritual hosts of wickedness in the heavenly places. Therefore, take the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having girded your loins with truth, and having put on the breastplate of righteousness, and having shod your feet with the equipment of the gospel of peace; above all taking the shield of faith, with which you can quench all the flaming darts of the evil one. And take the helmet of salvation, and the sword of the Spirit, which is the word of God" (Ephesians 6:11-17).

1. It's not _____ the devil is going to come and bother us but _____.

What is your attitude about spiritual warfare? What do you think about the devil? Do you think he is real? Why?

2. God has _____. Right now, we are _____.

Of the things God is telling us to do, six of them are _____, and only one is _____.

Oftentimes the devil tricks us into _____.

What battles are you fighting right now in your life? Consider what St. Paul said in Ephesians 6:12, "For we are not contending against flesh and blood, but against the principalities, against the powers, against the world rulers of this present darkness, against the spiritual hosts of wickedness in the heavenly places." Are you fighting the right battles in your life? Where might God be calling you to lay down your weapons? Where might He be calling you to pick them up?

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3. "There are two equal and opposite errors into which our race can fall about the devils. One is to disbelieve in their existence. The other is to believe, and to feel an excessive and unhealthy interest in them." —C.S. Lewis
4. The three things we should be fighting in spiritual warfare are the _____, the _____, and the _____.

Have you experienced spiritual warfare in your life? Take a moment to write about it.

Have you had an experience with the occult (talking to mediums, using tarot cards, dabbling in the new age)? What was your experience with them? What made you pursue these things?

How do you see yourself being influenced by the world, the flesh, and the devil?

Can you pinpoint patterns in your life that you would consider to be spiritual warfare or a spiritual attack by the devil? How can you allow those experiences to draw you closer to God instead of push you farther away?

5. When we stop practicing the faith, it's like _____.

Do you need to return to the sacraments and pick up your shield? Write a prayer to God, ask forgiveness for the ways that you may have let your spiritual guard down, ask for His grace to come back completely, and thank Him for His undying faithfulness to you.

Notes:

*Missed the
episode?
Watch now!*



¹ C.S. Lewis, *The Screwtape Letters* (New York: HarperCollins, 2001), page XI.

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