

SEASON 3



# Truth with Handles

*the conversation*

REFLECTION GUIDE

***Episode 5: True Discipleship***



walking with purpose

## Episode 5: True Discipleship

What do you think of when you hear the word disciple? Many people may think of twelve dirty guys who followed Jesus. Discipleship is an invitation offered to all of us, not just to people from the time of Christ.

**Key Verse:** “And he said to all, ‘If any man would come after me, let him deny himself and take up his cross daily and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake, he will save it. For what does it profit a man if he gains the whole world and loses or forfeits himself?’” (Luke 9:23-25).

1. The more we are focused on the things of this world, the more we are focused on \_\_\_\_\_.

The wisdom of God is the \_\_\_\_\_ of man.

Reread Luke 9:23-25. What do you find compelling about the call to deny yourself and follow Jesus? What scares you about denying yourself and following Jesus?

2. Discipleship can be summed up in one word: \_\_\_\_\_.

Who do you strive to imitate most in your life? Would being more like that person bring you closer to Christ or farther away from Him?

What do you feel that you need to accomplish first in your life before you go all in on following Jesus?

3. Fr. Mike Schmitz: “A disciple is someone who changes their schedule to follow Jesus.”<sup>1</sup>

On what do you spend most of your time? On what do you spend most of your money? What does that tell you about what you value most?

How can you change the way you spend your time and money to better follow Jesus?

<sup>1</sup> Fr. Mike Schmitz, “Why Make Disciples? Sydney Archdiocese 28 May 2022” YouTube. 1:05. May, 28, 2022. <https://www.youtube.com/watch?v=SzU5PaE8IDs&t=44s>

## ***Episode 5: True Discipleship***

Is there someone in your life who lives like a true disciple of Jesus? How can you spend time with that person and learn so that you can grow in your own ability to follow Jesus?

Is there someone in your life who could learn from how you live out your faith? Who is it, and how can you reach out to that person?

Notes:

*Missed the  
episode?  
Watch now!*



We have more great content for you on our website ([walkingwithpurpose.com](http://walkingwithpurpose.com)), including weekly blog posts, free Scripture printables, and more.

For spiritual nourishment, join our growing communities of Catholic women on **Instagram** and **Facebook**!



walking with purpose

SO MUCH MORE THAN A BIBLE STUDY

Walking with Purpose  
15 E. Putnam Avenue  
Greenwich, CT 06830

[www.walkingwithpurpose.com](http://www.walkingwithpurpose.com)