



Episode 1: *Return to Awe*

Reflection Guide



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Truth with Handles: The Conversation

Episode 1: Return to Awe

Thank you for downloading Truth with Handles: The Conversation reflection guide for [episode 1](#). We created this guide for you to use in one of two ways. You can watch this episode with a group of friends and use the guide to facilitate discussion. Or you can use it as a place to reflect and journal about the topics on your own. Either way, we hope these questions will help you open your heart and live a more Christ-centered life.

Do you have a sense of joy and wonder in your faith or in your everyday life? We are constantly running, and our attention is in many places at once. This can cause us to lose joy and wonder. Our faith can end up being just one other “thing” that we do each week when we go to church on Sunday—something to add to our plate rather than the plate on which everything else rests. We, as Catholics, have the perfect gift: the Eucharist. Jesus gave himself to us, fully present in every Catholic church and tabernacle in the world. Reverence and awe for our faith begins with how much we allow this reality to permeate our hearts and minds.

1. Do you approach your faith with a sense of awe and wonder? Why or why not?

2. Have you ever had an experience that has left you in complete awe of your faith? Write about that experience.

Scripture Discussion

Daniel 7:9–10 “As I looked, thrones were placed and one that was ancient of days took his seat; his raiment was white as snow, and the hair of his head like pure wool; his throne was fiery flames, its wheels were burning fire. A stream of fire issued and came forth from before him; a thousand thousands served him, and ten thousand times ten thousand stood before him.”

3. We have many different understandings of God in modern society. Some see Him as a close friend. Some see Him as a being who exists to give us what we need. Some see Him as one who exists to give out justice when we cross Him, and some see Him as a loving Father. What is your most common view of our Lord and why do you think you see Him this way?

Isaiah 6:1–5 “In the year that King Uzzi’ah died I saw the Lord sitting upon a throne, high and lifted up; and his train filled the temple. Above him stood the seraphim; each had six wings: with two he covered his face, and with two he covered his feet, and with two he flew. And one called to another and said: ‘Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory.’ And the foundations of the thresholds shook at the voice of him who called, and the house was filled with smoke. And I said: ‘Woe is me! For I am lost; for I am a man of unclean lips, and I dwell in the midst of a people of unclean lips; for my eyes have seen the King, the Lord of hosts!’”

4. It can be hard to recognize God’s greatness when we are busy with everyday things. What is one way that you can remind yourself of His majesty as you are going through your day?¹

Hebrews 12:28 “Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe.”

5. What is one takeaway from this episode that you can apply to your life so it will help you live out your faith with awe and wonder?

¹ Ideas include: writing down a Bible verse to carry with you, scheduling times of silence to bring your mind back to God, or getting dressed up for Mass in order to make it a big deal each Sunday.

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