

Rooted and Radiant

Leader's Guide



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LEADER PRAY	On your own, prior to the start of the meeting. Here is a suggestion: <i>Come Holy Spirit. Be present with us during our meetings. Through this study, lead each woman to a true conversion of heart, a deeper relationship with Jesus Christ, and a love for His Church. Guide me as I facilitate this discussion, and take away any fears or anxieties I may have. Help me to fully rely on you where I am weak. Soften my heart to be open to the hurt any of these women may share and recognize that it is through Your mercy and grace that they will be healed. Jesus, in your name I pray. Amen.</i>
Leader NOTE	Consider printing a few copies of the CC Guest Outline in advance to have available for any guests

VIEW LESSON 1, CONNECT COFFEE TALK 1: INTRODUCTION TO COLOSSIANS

Leader ASK	Women to open their study guides to Lesson 1, Connect Coffee Talk 1: Introduction to Colossians. (Guests can follow along with the CC Guest Outline found on the WWP website).
Leader PLAY:	<i>Rooted and Radiant</i> Connect Coffee Talk 1, which is accessible via free online streaming from the WWP website or YouTube , purchased download, or purchased DVD. Participants can follow the outline in their guides.

SMALL GROUP WELCOME

Leader GREET	Each woman by name and introduce yourself briefly (name, family information)
Leader SHARE	What to expect of today's session <ul style="list-style-type: none">- Icebreaker and Introductions- WWP Small Group Honor Code- My commitment as your leader- Guided tour of your <i>Rooted and Radiant</i> study guide- Discussion of Lesson 1, Connect Coffee Talk 1: Introduction to Colossians- At-home work for next session- Prayer Intentions

ICEBREAKER & INTRODUCTIONS

Leader SHARE	"We're going to spend five minutes getting to know each other a little better! I'll go first, and then we'll go around the table and take turns sharing your name and answering the following question: 'What's one thing you like about yourself?'"
Leader NOTE	Additional icebreakers can be found in the Small Group Leader Workbook. Please keep in mind that some icebreakers are not suitable for a first meeting. Remember to choose one that will make everyone comfortable.

EXPLANATION OF HONOR CODE AND COMMITMENT AS LEADER

Leader SHARE	Read through the WWP Small Group Honor Code
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- Leader SHARE As a Leader I commit to the following:
- Start and end meeting on time
 - Not to “call on” anyone to answer questions
 - Encourage women to come and discuss even if her lesson isn’t complete (share suggestions of how to complete coursework)

STUDY GUIDE TOUR

- Leader EXPLAIN Table of Contents
- Part 1: Lessons
 - Connect Coffee Talks (Lessons 1 and 6)
 - We’ll watch the Connect Coffee Talks and discuss during our meeting time.
 - Lessons (all others): Day 1–5 format
 - Verse Study
 - Part 2: Appendices 1–5
 - Part 3: Answer Key—complete the questions on your own first
 - Prayer Pages: Prayer of Suscipe and Prayer Requests pages

DISCUSSION TIME: LESSON 1, CONNECT COFFEE TALK: INTRODUCTION TO COLOSSIANS

- Leader BEGIN Discussion time by praying the [Honor Code prayer](#) or another short opening prayer
- Leader SHARE “In this lesson we’ll discuss the first Connect Coffee Talk of *Rooted and Radiant*, an introduction to the letter to the Colossians. Let’s start by taking a look at the first discussion question in our study guides.”
- Leader ASK Who is willing to get us started by sharing your thoughts about the video? What resonated with you?
- Leader NOTE Don’t be afraid of a little silence after you first ask this question. Be prepared to share your insights if needed. If a participant shares, thank her with a warm comment and smile to help participants who are hesitant to realize that sharing is enriching and not intimidating.
- Leader ASK Q1 & Q2
- Leader SAY Q3 asks us to take a few minutes to think about who Jesus is to us personally as well as who He is to the universe. This would be a really beautiful question to take to your own personal prayer time and allow Jesus to speak to you in those moments.

AT-HOME WORK FOR NEXT SESSION

- Leader ASK Women to complete Lesson 2: Making Christ the Center of Your Life. Encourage them to dedicate 15 minutes each day (5 days of the week) to work on the lesson.
- Leader REMIND Everyone of the day and time of the next session.

PRAYER INTENTIONS

- Leader EXPLAIN “Part of the small group experience is praying specifically for one another throughout the week. We’ll experience Christ in a personal way when we ask Him for help with our specific needs. While we often think first of the needs of the world and people we care about, WWP encourages the use of this time to specifically ask for prayers for ourselves. For example,

you may request prayers for patience, for a relationship that needs mending, self-discipline to manage time, etc.”

“Prayer intentions are treated with respect and confidentiality. The time is not intended for delving into details that may lead to gossip. When sharing an intention about a struggle with another person, all efforts should be made to keep it general and anonymous.”

Leader ASK

Women to take turns sharing their prayer intention. Others can write down prayer requests on the Prayer Pages found in the back of their study guides.

Leader LEAD

By example with your own prayer intention

Leader PRAY

Aloud for each woman by name, trying to include what was shared. Close by praying a personal prayer, the Prayer of Suscipe (found in the back of the study guide at the beginning of the Prayer Pages), or a Hail Mary for the intentions.

*Review self-assessment found in your Small Group Leader Workbook.
Give thanks to the Lord and pray that the participants are able to carve out time
to complete their lesson this week.*

LEADER PRAY

On your own, prior to the start of the meeting. Here is a suggestion: *Come Holy Spirit. Be present with us during our meetings. Through this study, lead each woman to a true conversion of heart, a deeper relationship with Jesus Christ, and a love for His Church. Guide me as I facilitate this discussion, and take away any fears or anxieties I may have. Help me to fully rely on you where I am weak. Soften my heart to be open to the hurt any of these women may share and recognize that it is through Your mercy and grace that they will be healed. Jesus, in your name I pray. Amen.*

Leader NOTE

Icebreaker suggestions are found in the Small Group Leader Workbook; allow 5 minutes for icebreaker

INTRODUCTION

Leader SAY

The Introduction provides us with a thorough look at the culture of the people of Colossae. Does anyone have any initial thoughts or comments about the history and background? Did anyone learn anything new from reading this?

Leader NOTE

Women might be hesitant at first to share. This is okay and to be expected in the initial meetings of a new group. Be prepared to share some of your own thoughts and insights to help begin the discussion.

Leader SAY

The author outlines two main belief systems pressuring the Christians in Colossae, and then invites us to consider today's culture and the tendency to be pressured by outside forces to mix with or water down our own Catholic faith. The early Christians in Colossae were exhorted by Saint Paul to remain rooted in the message of Jesus Christ, rather than swayed by the different belief systems that surrounded them. How did they do that? How can we do that today?

Leader READ

From the middle of the third to last paragraph through to the end of the Introduction, beginning with, "It was the total worship of Jesus that would help them withstand the cultural pressures and contrary beliefs..."

DAY ONE

TRANSFORMED BY THE WORD OF TRUTH

Leader ASK

Q1

Volunteer READ

2nd paragraph following Q1, beginning with "To understand the meaning of God's call..."

Leader READ

Q2, asking the women to reflect on questions noted at the end. Invite women to share what they answered.

Leader ASK

Q3 A, B, & C and Q4 A & B

Group SHARE

Q4 C

Leader ASK

Q5 A & B

Volunteer READ

Paragraph following Q5 B, ending with "What an incredible God we serve."

Leader NOTE

Q5 C is a personal question—invite women to take this to prayer with the Lord.

Leader ASK

Q6 A (quickly) and Q6 B (if time allows, inviting women to share who it was that first shared the good news of the gospel with them.)

Leader SAY

The Quiet Your Heart (QYH) sections are filled with beautiful spiritual nuggets that the women can take to their own personal prayer.

DAY TWO

FILLED WITH THE KNOWLEDGE OF HIS WILL

Leader ASK

Q1 A (quickly)

Leader SAY

We were asked in Q1 B to reflect on the desires that compete with a wholehearted pursuit of God's will. Would anyone like to share what they wrote?

Leader READ

The first sentence of the first paragraph following Q1 B, then skip down to read the full

Group SHARE	second paragraph, beginning with, "The problem is that because of original sin..."
Leader READ	Responses to Q2 A, B, C, D, & E "The beauty of the Catholic Church is that its teachings enable us to embody these Scripture passages in the way we live. The more closely we follow the Church's teachings, the ancient path of wisdom, God's truth revealed over time, the more we will come to know God's will."
Leader NOTE	Q3 is a personal question but one that could be used during personal prayer time with the Lord.
Leader ASK	Was there anything that resonated with you from the two paragraphs following Q3? Allow some time for discussion. To transition, read the "good prayer" given as a suggestion in the 2nd paragraph.
Leader ASK	Q4 A & B
Leader NOTE	Q5 is personal, if time allows and women feel comfortable, they can be invited to share any insights they gained from their own reflection.
Leader ASK	For the women to share anything that resonated with them from the QYH section

DAY THREE

Leader ASK	QUALIFIED TO SHARE IN HIS INHERITANCE
Group SHARE	Q1, Q2, and Q3 A, B, & C (quickly)
Volunteer READ	Q 4 A, (Q4 B is personal), and Q5 A, B, & C
Leader ASK	Paragraph following Q5 C
Leader ASK	First part of Q5 D
Leader SUM UP	Q6 A, B, & C
Group SHARE	Paragraph following Q6 C Responses to Q6 D & E

DAY FOUR

Leader SAY	JESUS IS THE IMAGE OF THE INVISIBLE GOD "Today we dive into the treasure of Colossians: Saint Paul's hymn about the supremacy of Christ—a hymn that spills out of him. Saint Paul reveals that everything that ever was and ever will be centers and hinges upon Jesus."
Leader NOTE	Q1 A & B we are asked to read, write out the words, and then write the verses again in our own words. As we continue to read Scripture, this is an exercise that provides us with an opportunity to truly allow the Lord to speak His words to us and allow them to marinate and seep into our hearts.
Leader ASK	Q2 A & B, and Q3
Volunteer READ	Paragraph following Q3, starting with "Archbishop Sheen wrote of Jesus' incarnation..."
Group SHARE	Responses to Q4
Leader ASK	For women to share what they highlighted/underlined from the paragraphs following Q4, allow time for group discussion.
Leader NOTE	The QYH prayer would make a beautiful closing prayer at the end of your meeting.

DAY FIVE

Leader NOTE	JESUS IS THE SOURCE OF THE CHURCH AND OUR FORGIVENESS Q1 A & B we are asked to read, write out the words of the verses, and then rewrite the verses in our own words.
Volunteer READ	Q2 and response, filling in words for CCC 792, 793, 794, and 795.
Leader READ	Second paragraph following Q2, beginning, "When a woman is deeply convicted..."
Leader SAY	"The author then invites us to reflect on our own 'why'—why we are Catholic and what our motivations are to remain in our faith. Q3 A & B are an opportunity to go deeper into reflection on your own 'why'." Invite women to share any insights they gained from this exercise only if they feel comfortable doing so.
Leader ASK	Q4 A, B, & C
Group SHARE	Responses to Q5 A & B and Q6 A, B, C, & D

CONCLUSION

Leader ASK

Was there anything that you underlined/highlighted from the Conclusion, anything that resonated with you? Allow time for discussion.

VERSE STUDY

Leader REMIND

Walk participants through steps and refer them to Appendix 2 for instructions

RESOLUTIONS & PRAYER REQUESTS

Leader read the description of MY RESOLUTION section found in the study guide and the impact that these can have on our spiritual growth. Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to.

Remind participants that PRAYER REQUEST time is an opportunity for women to share personal intentions with each other and commit to praying for each other throughout the week. As a CLOSING PRAYER, you can use the prayer at the end of Day 4 OR the Prayer of Suscipe found at the beginning of the Prayer Pages.

After lesson: review self-assessment found in your Small Group Leader Workbook.

LEADER PRAY

On your own, prior to the start of the meeting. Here is a suggestion: *Come Holy Spirit. Be present with us during our meetings. Through this study, lead each woman to a true conversion of heart, a deeper relationship with Jesus Christ, and a love for His Church. Guide me as I facilitate this discussion, and take away any fears or anxieties I may have. Help me to fully rely on You where I am weak. Soften my heart to be open to the hurt any of these women may share and recognize that it is through Your mercy and grace that they will be healed. Jesus, in your name I pray. Amen.*

Leader NOTE

Icebreaker suggestions are found in the Small Group Leader Workbook; allow 5 minutes for icebreaker

INTRODUCTION

Leader SAY

How did you respond to what was shared from Mother Veronica's memoir, *A Memory for Wonders*? Allow some time for discussion.

Leader READ

Last paragraph of introduction beginning with, "This week, in the letter to the Colossians..."

DAY ONE

THROUGH JESUS WE BECOME HOLY

Leader ASK

Q1 A & B

Leader READ

"We all start from the same place. It is God who makes us holy and sets us free from our sin; it is His work."

Group SHARE

Responses to Q1 C, and Q2 A & B

Volunteer READ

Paragraph following Q2 B

Group SHARE

Q2 C & D

Leader ASK

Q3 A

Volunteer READ

C.S Lewis quote from *Mere Christianity* following Q3 A

Leader NOTE

Q3 B is a personal question; leader can invite women to share any insights gained from reflection if they feel comfortable

Leader ASK

Q4

Group DISCUSS

The paragraphs following Q4 on Scott Hahn's comparison of our relationship with God to a relationship between a husband and wife. Allow some time for discussion.

Group SHARE

Q5 A & B

DAY TWO

THROUGH JESUS OUR SUFFERING BUILDS THE KINGDOM

Leader SAY

The topic of suffering is one that is very personal for all of us. It's important to remember to give each other grace today, to be open and attentive to what is shared, and to keep all that is shared confidential. There are questions from today's lesson that you may not feel comfortable sharing with the group and that is okay. What is important to keep in mind is where the Lord might be calling you to go deeper with Him. The Lord will never lead us to a place in our hearts or in our story that He cannot heal or shine His saving grace on. Before we move on, I want to ask the Holy Spirit to intentionally be with us in this space as we move forward with our discussion, asking that the Lord bring to light what He wants us to focus on today.

Leader ASK

Q1 A & B, note the quotes provided from Pope John Paul II's encyclical, *Salvifici Doloris*.

Leader ASK

Q2 A

Leader NOTE

Q2 B is a personal question, do not ask to share answers, though this reflection could be used in personal prayer time.

Leader ASK

Q3, READ paragraph following Q3, Q4 A

Volunteer READ

Paragraph following Q4 A, beginning "It has been said that 'the blood of the martyrs...'"

Leader NOTE Q4 B is a personal question, invite the women to use this in their personal prayer time with the Lord.

Leader READ Paragraphs 3–5 in the QYH section

DAY THREE

GOD REVEALED IN HIS MYSTERY THROUGH JESUS

Leader ASK

Q1 A & B

Leader READ

From paragraph following Q1 B, starting with, “His plan is a never-ending mystery...”

Leader ASK

Q2 A & B

Leader READ

First paragraph following Q2 B, then ASK Q3 A

Volunteer READ

Paragraph following Q3 A, then read Q3 B

Group DISCUSS

Responses to Q3 B, and Q4 A & B

Leader ASK

Q5, then ask volunteers to share insights from quote from Oswald Sanders following Q5

Group SHARE

Responses to Q6

Leader ASK

Women to share what they underlined/highlighted from the QYH prayer;

Leader NOTE

QYH prayer would make a beautiful closing prayer at the end of your meeting

DAY FOUR

JESUS IS THE ONLY SOURCE OF TRUE WISDOM

Leader ASK

Q1 A

Group SHARE

Insights from paragraphs following Q1 A and responses to Q1 B

Leader ASK

Q2 A, B, & C

Group SHARE

Responses to Q3 A & B, noting specific examples from writer Jen Wilkin on the difference between worldly wisdom and Godly wisdom.

Leader ASK

Q4 A, and READ second paragraph following Q4 A, beginning with “We are surrounded by messages...”

Group DISCUSS

Responses to Q4 B, this is a personal question, women should be invited to share only if they feel comfortable to do so.

Leader ASK

What did you underline/highlight from the quote from Pope John Paul II, following Q4 B? Allow some time for discussion.

Leader ASK

Women to share what they underlined/highlighted from the QYH prayer

DAY FIVE

THROUGH JESUS WE CAN DISCERN OTHER BELIEF SYSTEMS

Leader SAY

Remember from the first week’s lesson, we learned that the people of Colossae were being pressured by other popular belief systems of the time. Something, I think we can all relate to as we look at our own culture today. Saint Paul has laid the foundation of the Christian faith in the first chapter of this book. Now, he is moving us through how the Christian faith stands up against these other false beliefs, and ultimately how to guard themselves against external influences.

Leader ASK

Q1 A & B

Volunteer READ

First paragraph following Q1 B

Group SHARE

Responses to Q1 C

Leader ASK

Q2

Leader SAY

The study guide reminds us of the philosophies that were pressuring the Christians in Colossae. Again, we are asked to use the history and context from the early Christians and reflect on what pressures us here and now. Let’s look at the philosophies that are noted here and how Scripture helps us to stay rooted to the truth of Jesus.

Group SHARE

Responses to Q3 A, B, C, D, & E

Leader READ

The second paragraph after Q3 E, beginning with “While every philosophy may contain...” and then the quote from Archbishop Charles Chaput in the fourth paragraph.

Leader NOTE

Q4 is a personal question and one that could bring hot button issues into the discussion. It’s important to note that this question is not meant to condemn us, rather to help us take a look at the belief systems we may be leaning towards and hold them up to the truth of

Jesus and His teachings. If this is a difficult question for some women, the leader may suggest that the women take this to prayer and/or connect with a trusted priest.

Leader ASK
Volunteer READ

Q5
Paragraph following Q5

CONCLUSION

Leader ASK

Have you had a “Peter moment”? Allow women to discuss what insights they gained from the Conclusion, specifically the questions posited in the last paragraph.

Leader NOTE

The questions in the last paragraph of the Conclusion would be a great starting place during individual prayer time. Also, they can be used for this week’s Resolution.

VERSE STUDY

Leader REMIND

Participants to refer to the appendix for a reminder on how to do a verse study

RESOLUTIONS & PRAYER REQUESTS

Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to. Remind participants that PRAYER REQUEST time is an opportunity for women to share personal intentions with each other and commit to praying for each other throughout the week. As a CLOSING PRAYER, you can use the prayer at the end of Day 3 OR the Prayer of Suscipe found at the beginning of the Prayer Pages.

After lesson: review self-assessment found in your Small Group Leader Workbook.

LEADER PRAY

On your own, prior to the start of the meeting. Here is a suggestion: *Come Holy Spirit. Be present with us during our meetings. Through this study, lead each woman to a true conversion of heart, a deeper relationship with Jesus Christ, and a love for His Church. Guide me as I facilitate this discussion, and take away any fears or anxieties I may have. Help me to fully rely on You where I am weak. Soften my heart to be open to the hurt any of these women may share and recognize that it is through Your mercy and grace that they will be healed. Jesus, in your name I pray. Amen.*

Leader NOTE

Quickly go over the Small Group Honor Code as a reminder to your group before beginning today's lesson. Some of the discussion topics may touch on differing belief systems. It is important to emphasize that we are all on a different spiritual journey with differing levels of spiritual maturity. It is important to allow the Holy Spirit to work through our discussion here today. We need to allow each other grace and understanding.

INTRODUCTION

Leader SAY

"I am completely bound in inner union with the Lord." These were the last words of Blessed Franz Jägerstätter, a martyr for our faith.

Leader SHARE

A summary of Blessed Franz's life story from the Introduction

Leader READ

Last two paragraphs of the Introduction, beginning with, "Last week, Saint Paul rooted us in a deep, wondrous understanding of Jesus..."

DAY ONE

THROUGH BAPTISM WE ARE RAISED WITH LIFE WITH JESUS

Leader ASK

Q1 A, B, & C

Volunteer READ

Two paragraphs following Q1 C

Group SHARE

Responses to Q1 D & E

Leader ASK

Q2 A & B

Group SHARE

Q3, Q4

Volunteer READ

Quote from St. John Chrysostom following Q4

Leader NOTE

Q5 is a personal question, invite women to share only if they feel comfortable.

DAY TWO

THROUGH JESUS WE HAVE FREEDOM FROM THE ENEMY

Leader ASK

Q1 and Q2 A

Group DISCUSS

Commentary following Q2 A; to facilitate discussion, leader can ASK, "Is there a sense of relief when you read this commentary, to understand Jesus' triumph over the enemy?"

Volunteer READ

Last paragraph of commentary before Q2 B

Leader NOTE

Q2 B is a personal one and can be taken to prayer. Leader can suggest to women, if they haven't already, to use Appendix 3, "The Discernment of Spirits" to help with understanding the difference between God's voice and the voice of the enemy.

Leader ASK

Q3 A & B

Leader READ

Paragraph following Q3 B, beginning "With this declaration..."

Group SHARE

Responses to Q4 and Q5

Leader ASK

Q6 A & B

Group SHARE

Responses to Q6 C; NOTE to remind women not to throw stones of judgment.

Volunteer READ

First paragraph of the QYH section

DAY THREE

IN THE WORLD, NOT OF IT

Leader ASK

Q1 A & B

Group SHARE

Responses to Q2 A & B

Leader ASK

Q3 A & B

Leader READ Paragraph following Q3 B, starting with, “For us, it’s not so much the lure of other overt religious practice...”
Leader ASK Q4, and Q5 A, B, & C
Group SHARE Responses to Q5 D & E
Leader ASK Did anyone underline/highlight anything from the QYH prayer?

DAY FOUR

BRINGING OUR ATTENTION BACK TO HIM

Leader SAY Our thoughts and perspectives matter—Saint Paul emphasized this to the people of Colossae and also to us here and now.
Leader ASK Q1 A & B
Leader NOTE Group SHARE the responses to Q1 C, or ASK: Did anyone complete Q1 C? What is one way we can continue to keep these things, these answers to Q1 C, in the forefront of our minds?
Group SHARE Responses to Q 2 A, B & C, noting the commentary between Q2 A & B
Leader NOTE To facilitate discussion surrounding Q2 A, B & C, ask the women to share how it felt to go through this exercise, examining our activities, behaviors, and thoughts? Also NOTE Appendix 5, “I Declares”
Group SHARE Q3 A, B, & C
Leader ASK Q4 A & B
Leader READ The quote from St. Catherine of Siena in the QYH section

DAY FIVE

LIFE IN CHRIST MEANS SERIOUSNESS ABOUT SIN

Leader ASK Q1 A & B, noting the paragraphs following Q2, Leader READ “These are sins of the flesh, and when we exalt them, we become slaves to them.”
Leader NOTE Q1 C is personal, but invite women to share their responses if they feel comfortable.
Volunteer READ Quote from Dennis Hamm, SJ in paragraph following Q1 C
Group SHARE Responses to Q2
Leader ASK Q3 A
Leader NOTE Q3 B is a very personal prayer that can be taken to adoration
Leader ASK Q4 A & B
Leader NOTE Q4 C is a very powerful exercise but a personal one; remind the women to refer to the answer key for prompting with their own answers, also encouraging them to take this to prayer.
Group SHARE Responses to Q5 A, B, & C, and Q6
Leader NOTE The beauty of our baptismal promises in QYH. This could be used as a closing prayer.

CONCLUSION

Volunteer READ Last two paragraphs of the Conclusion

VERSE STUDY

Leader ASK Participants to share any thoughts they came up with from the verse study

RESOLUTIONS & PRAYER REQUESTS

Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to. Remind participants that PRAYER REQUEST time is an opportunity for women to share personal intentions with each other and commit to praying for each other throughout the week. Incorporate the QYH section from Day 5 (renewal of baptismal promises) into CLOSING PRAYER or pray Prayer of Suscipe together.

After lesson: review self-assessment found in your Small Group Leader Workbook.



LEADER PRAY

On your own, prior to the start of the meeting. Here is a suggestion: *Come Holy Spirit. Be present with us during our meetings. Through this study, lead each woman to a true conversion of heart, a deeper relationship with Jesus Christ, and a love for His Church. Guide me as I facilitate this discussion, and take away any fears or anxieties I may have. Help me to fully rely on You where I am weak. Soften my heart to be open to the hurt any of these women may share and recognize that it is through Your mercy and grace that they will be healed. Jesus, in your name I pray. Amen.*

INTRODUCTION

Leader SAY

There was a lot of information packed in here, but all of it is so relevant to our study, to our faith practice, and to how we live out our identity as Christian women every day. What resonated with you from the Introduction? What did you underline/highlight?

DAY ONE

Leader ASK

Leader READ

LOVE IS THE FOUNDATION OF ALL THINGS

Q1 A & B

From the end of the first paragraph into the second paragraph following Q1 B, "Saint Paul called the Colossians by almost the exact same titles as the titles that God used for His Jewish people. Let it not be lost on us that Saint Paul began a passage about behavior by bestowing identity. How we think of ourselves inevitably impacts how we behave towards others. Identity is so important to God that He often gave His people a new name when He called them to serve Him in a new way of living."

Leader ASK

Q1 C, note that this is a personal question, but invite women to share their answers if they feel comfortable

Group SHARE

Responses to Q2 A through G

Leader NOTE

The second part to each of these questions is more personal and meant for the woman to reflect on individually; leader can invite women to share if they feel comfortable

Leader ASK

Q3 A

Leader NOTE

Q3 B is personal, encourage women to refer to the Answer Key for helpful prompts to their prayer

Leader ASK

Q4 A, B & C

Leader NOTE

Q4 D is personal

Leader ASK

What did you underline/highlight from the paragraphs following Q4 D and the QYH?

DAY TWO

Leader SAY

EMBRACING HIS PEACE IN DAILY WORSHIP

We were asked to read Colossians 3:15–19. What was everyone's reaction to the translation for this passage offered in the commentary following Q1 A, "Let the peace of Christ be the umpire in your heart"? Do we actually allow peace to have the final say in our hearts? What would change if we allowed the peace of Christ to rule our thoughts, our actions, and our daily plan? Allow time for discussion.

Leader READ

Paragraph following Q 1C

Group SHARE

Responses to Q2 A, B, C, & D, noting the Eucharist is "spiritual medicine that fortifies the soul, freeing us from the sins that entangle and ensnare us, while giving us strength to avoid them in the future."

Group SHARE

Responses to Q3 A & B

Leader ASK

Q4 A & B

Volunteer READ

Two paragraphs following Q4 B

Group SHARE

Responses to Q4 C

Leader NOTE

Recommend the QYH prayer to close the session

DAY THREE

Leader SAY

SUBMITTING TO OTHERS OUT OF LOVE FOR CHRIST

The introduction to Day Three gives us important socio-cultural context. It is important to understand the culture and society of the early Christians. It is important to understand the roles that men, women, and children held at that time. Understanding this background then informs our current study, and we can note how truly counter-cultural Christianity was then and still is today. For some of us, this may be the first time that we are reading these verses, taking into consideration the context the study guide provides us. Let's allow God's grace and the Holy Spirit to work on our hearts, making them open to the Lord's message to us, open to the redemption and restoration that He promises us. Let's ask for an outpouring of understanding and grace in our discussion.

Leader READ

Fourth paragraph of the commentary, starting with "Saint Paul insisted that for those..."

Group SHARE

Responses to Q1 A through E, include discussion of commentary

Group SHARE

Responses to Q2 A, B, & C

Leader NOTE

Q2 D is a personal question

Group SHARE

Responses to Q3 A, B, & C, include discussion of commentary

Leader ASK

Q4 A, B, & C

Leader SAY

There is dignity in every human being. This is what Jesus came to earth to restore. Male or female, slave or master—all have dignity in the Kingdom of God. Was there anything that you underlined or highlighted from the QYH section?

DAY FOUR

Leader SAY

PERSEVERING IN PRAYER AND CHARITY

Today we are diving into Saint Paul's last set of instructions before he closed his letter to the Colossians. We end the way we started—with a call to prayer.

Leader ASK

Q1 A, B, C, & D

Group SHARE

Responses to Q1 E, allowing for discussion of commentary on structuring our prayer time

Leader ASK

Q2 A & B

Leader NOTE

Q2 C is personal, encourage women to take this to personal prayer time

Leader ASK

Q3 A & B, noting the quote from St. Irenaeus, "The glory of God is man fully alive."

Leader ASK

Q4 A & B

Leader NOTE

Q4 C is a personal question; leader may want to ask if anyone felt convicted by reading the verses about the power of our speech; allow some time for discussion.

Leader SAY

Let's remember as we close this day that spiritual growth is a process for all of us. Let's not forget that the more time we spend with the Lord in prayer, the more we will get to know Him. And the more we get to know Him, the more we will trust Him, and thus, the more we will want to be transformed by Him.

Leader NOTE

Women may want to use the scripture verses from the QYH section as a resolution for this week to use in their daily prayer time.

DAY FIVE

Leader ASK

THE IMPORTANCE OF THE CHURCH COMMUNITY

Q1 A & B

Group DISCUSS

Commentary following Q1 B, noting the different people mentioned in this final passage. Discuss insights gained from this commentary along with responses to Q1 C.

Group DISCUSS

Responses to Q2 A & B

Leader ASK

Q3 A

Volunteer READ

Two paragraphs following Q3 A

Group DISCUSS

Responses to Q3 B & Q4

CONCLUSION

Leader SAY

What did you underline/highlight from the Conclusion. Allow time for discussion.

VERSE STUDY

Leader ASK

Participants to share any thoughts they came up with from the verse study

RESOLUTIONS & PRAYER REQUESTS

Resolutions provide the opportunity to apply what we have learned to our daily lives. Encourage participants to select a resolution or create their own to commit to. Remind participants that PRAYER REQUEST time is an opportunity for women to share personal intentions with each other and commit to praying for each other throughout the week. Incorporate the QYH section from Day 2 into CLOSING PRAYER or pray the Rooted and Radiant prayer together.

Remind the participants that the next session is the last session and a Connect Coffee—the perfect opportunity to invite a friend to meet new women over coffee, watch an inspirational video, and join in on an engaging discussion!

After lesson: review self-assessment found in your Small Group Leader Workbook.



LEADER PRAY

On your own, prior to the start of the meeting. Here is a suggestion: *Come Holy Spirit. Be present with us during our meetings. Through this study, lead each woman to a true conversion of heart, a deeper relationship with Jesus Christ, and a love for His Church. Guide me as I facilitate this discussion, and take away any fears or anxieties I may have. Help me to fully rely on you where I am weak. Soften my heart to be open to the hurt any of these women may share and recognize that it is through Your mercy and grace that they will be healed. Jesus, in your name I pray. Amen.*

Leader NOTE

Consider printing a few copies of the [CC Guest Outline](#) in advance to have available for any guests

VIEW LESSON 6, CONNECT COFFEE TALK 2: LIFE IN CHRIST THROUGH THE CHURCH

Leader ASK

Women to open their study guides to Lesson 6, Connect Coffee Talk 2: Life in Christ through the Church.

Leader PLAY

Rooted and Radiant Connect Coffee Talk 2, which is accessible via free online streaming from the [WWP Website](#) or [YouTube](#), purchased download, or purchased DVD. Participants can follow the outline in their guides.

Refer to the Small Group Leader Workbook for icebreaker suggestions and review honor code before opening in prayer

DISCUSSION TIME: LESSON 6, CONNECT COFFEE TALK 2: LIFE IN CHRIST THROUGH THE CHURCH

Leader BEGIN

By offering an opening prayer

Leader SAY

Let's dive into this last discussion about Saint Paul's letter to the Colossians.

Leader ASK

Q1, Q2, & Q3
"What else from the talk stood out to you?"

PRAYER INTENTIONS

Leader ASK

Women to take turns sharing their prayer intention. Others can write down prayer requests on the Prayer Pages found in the back of their study guides.

Leader LEAD

By example with your own prayer intention

Leader PRAY

Aloud for each woman by name, trying to include what was shared. Close by praying a personal prayer, the Prayer of Suscipe, or a Hail Mary for the intentions.

*Thank you for leading the discussion of Rooted and Radiant!
Visit our website to choose your next Walking with Purpose Bible study.*